



October 10 - 13, 2019

Don Hartman North East Sportsplex



Contents

Welcome.....	3
A Message from Major Nenshi.....	4
A Message from Ringette Calgary.....	5
Tournament Committee	6
Lonnie Krahn, Just another volunteer?.....	7
Tournament Schedule	8
Tournament Game Recording	10
U12A Division	12
U12B Division.....	14
Rink Markings	15
U16A Division	16
U16B Division.....	17
U19A Division	18
U19B Division.....	19
Tournament Rules	21
Officials' Signals.....	27
Sponsors	29



Welcome!

Dear Ringette Families and Athletes,

It is with great pleasure that I welcome all teams, coaching staff, minor officials, parents and fans to this year's **Lonnie Krahn Classic**. Thank you for your dedication and for providing these athletes with the opportunity to grow and learn within the sport of ringette. It is sure to be an action packed weekend filled with truly impressive skills and competition. We trust that through good sportsmanship and competitive play, this tournament will be fun and memorable for all. I also want to extend a **Special thanks to our Refs!**

The Lonnie Krahn Classic is an annual event which started 25 years ago and is proudly hosted by Calgary East (Cal-East) Ringette Association. It was originally named the PSA Spring Classic but was later renamed to honor a man that did so much for our Ringette Association. A fun trivia fact - the medal that will be awarded to the Gold and Silver finalists was designed by Lonnie himself.

It goes without saying how much we all appreciate the efforts of a small but dedicated group of volunteers for the countless hours over the last several months in bringing this event to reality. I hope you enjoy what they have planned for this weekend. Further, I would like to thank all our Sponsors for their generous donations and the staff at the Don Hartman Sportsplex for their continuing support.

In closing, I would like to say to those traveling from out of town, from across Alberta, and beyond, we hope you enjoy your stay in Calgary. To all the athletes, we hope you have a fantastic weekend and best of luck in all your games!

Warmest Regards,

Mary Pelland
Cal-East President



October 2019



A MESSAGE FROM MAYOR NENSHI

On behalf of the citizens of Calgary and my City Council colleagues, it is my pleasure to welcome you to the 25th Anniversary of the Annual Lonnie Krahn Classic Ringette Tournament, hosted by the Calgary East Ringette Association.

"For the love of the game and participants" - For 25 years, this vibrant tournament embodies the reason Lonnie Krahn's volunteerism continues to flourish and have a huge impact on the community. It takes a tremendous amount of work to reach this level of competition and I commend all teams who have earned a spot in this event. I would also like to recognize the parents, coaches and officials for their commitment to these young athletes and to the exciting sport of ringette.

I wish all of the teams competing the very best of luck!

Congratulations!

Sincerely,

Naheed K. Nenshi
MAYOR



GREETINGS

As President of Ringette Calgary, I would like to congratulate Calgary East Ringette on the 25th anniversary of the Lonnie Krahn Classic. I am also pleased to extend my warmest greetings to all the players, coaches and volunteers.

I commend all past and current volunteers for your efforts in promoting the sport of ringette and giving teams the opportunity to build relationships on and off the ice. Lonnie Krahn was the epitome of volunteer, dedicating countless hours to ringette through coaching, building an association and starting a tournament which has evolved to what is now known as the Lonnie Krahn Classic. It is only fitting that the tournament continues to honor his name.

Enjoy your special celebration on this milestone anniversary and best wishes for continued success in the years ahead.

Sincerely,

Thu Blackwell
President





TOURNAMENT COMMITTEE

Chairperson Mary Pelland

Officials Scheduler Sarah Curran

And the best volunteers a tournament could ever have:

Michelle & Brynn Affleck
Tammy Cameron
Chelsea Diepsen
Stattler Fitzhenry
Eric Forst
Andrea, Cindy & Glen Harding
Wendy Hetherington
Louisa Pelland
Maddie Simard
Brent Snelgrove
Lise Stradeski
Kierra & Melinda Wabick

*Special thanks to Kim and Jeff Ung
for filling in as Tournament Chair on Saturday.*



Lonnie Krahn

Just another volunteer?

Ask the iconic Lonnie Krahn about how he got involved with volunteering for ringette, and he will tell you he just put his hand up at the wrong time. His daughter was only 5 years old and they needed someone to schedule the ice.



Lonnie with his grandson Dayton.

11 years later (2001), Lonnie steers his team to his first Provincial Championship. An impressive resume already includes four City Championships, Properties Ringette Association President for the last five years, Past President four years previous and coached the last nine years.

Spring of 1996, Lonnie and the Properties Ringette Association started the Properties Spring Classic Ringette Tournament in their new home, Don Hartman Northeast Sportsplex, and on the 10th anniversary, in the 2004-05 season the name was changed to the Lonnie Krahn Spring Classic

September of 2005 Governor General Norm Kwong presented Lonnie the Alberta Centennial Award. A well-deserved award as Lonnie had by this time coached ringette for 18 years and coached fastball for 14 years and tirelessly served on various boards and committees.

In the spring of 2012, Lonnie watched his grandson play his first of two years in ringette. It was a very emotional moment for Lonnie. This would also be the last year Lonnie would be actively organizing the Spring Classic and the following season, the tournament was moved to the fall and is now known as the Lonnie Krahn Classic.

In 2001 Lonnie was asked why he does it. He replies: "For the love of the game and the participants."



Tournament Schedule

Divisions by Colour

U12A	U16A	U19A
U12B	U16B	U19B

Thursday, October 10

Game	Date	Start	End	Division	Info	Home	Visitor	Arena
1	Oct. 10	6:45 PM	8:00 PM	U16A	RR	NW Forte	NW Havoc	East
2	Oct. 10	8:15 PM	9:30 PM	U19B	RR	BV Impulse	Strathmore Ice	East

Friday, October 11

Game	Date	Start	End	Division	Info	Home	Visitor	Arena
3	Oct. 11	7:00 AM	8:00 AM	U12A	RR	Indus Lightning	BV Crossfire	West
4	Oct. 11	7:15 AM	8:15 AM	U12A	RR	BV Voltage	Airdrie Sting	East
5	Oct. 11	8:15 AM	9:15 AM	U12B	RR	NW Stranger Rings	BV Chaos	West
6	Oct. 11	8:30 AM	9:30 AM	U12B	RR	Indus Lightning	Airdrie Fire Blades	East
7	Oct. 11	9:30 AM	10:45 AM	U16B	RR	NW Kryptonite	BV Lethal	West
8	Oct. 11	9:45 AM	11:00 AM	U16B	RR	BV Blazers	SC Blues	East
9	Oct. 11	11:00 AM	12:15 PM	U19B	RR	Strathmore Ice	BV U19B-2	West
10	Oct. 11	11:15 AM	12:30 PM	U16A	RR	NW Havoc	BV Motley Crue	East
11	Oct. 11	12:30 PM	1:45 PM	U16A	RR	NW Wild	Cochrane Rockies	West
12	Oct. 11	12:45 PM	2:00 PM	U19A	RR	BV Blue	BV Elite	East
13	Oct. 11	2:00 PM	3:00 PM	U12A	RR	BV Crossfire	Red Deer Rush	West
14	Oct. 11	2:15 PM	3:30 PM	U19B	RR	NW Ignite	NW Hbadgers	East
15	Oct. 11	3:15 PM	4:15 PM	U12B	RR	Airdrie Fire Blades	NW Stranger Rings	West
16	Oct. 11	3:45 PM	4:45 PM	U12A	RR	BV Voltage	Indus Lightning	East
17	Oct. 11	4:30 PM	5:45 PM	U16A	RR	BV Motley Crue	NW Forte	West
18	Oct. 11	5:00 PM	6:00 PM	U12B	RR	BV Chaos	Indus Lightning	East
19	Oct. 11	6:00 PM	7:15 PM	U16B	RR	SC Blues	NW Kryptonite	West
20	Oct. 11	7:30 PM	8:45 PM	U19B	RR	NW Hbadgers	BV U19B-2	West
21	Oct. 11	7:45 PM	9:00 PM	U16B	RR	BV Lethal	BV Blazers	East
22	Oct. 11	9:00 PM	10:15 PM	U19A	RR	BV Elite	NW Wild	West
23	Oct. 11	9:15 PM	10:30 PM	U19B	RR	NW Ignite	BV Impulse	East



Tournament Schedule

Saturday, October 12

Game	Date	Start	End	Division	Info	Home	Visitor	Arena
24	Oct. 12	7:00 AM	8:00 AM	U12B	RR	Airdrie Fire Blades	BV Chaos	West
25	Oct. 12	7:15 AM	8:30 AM	U19A	RR	Cochrane Rockies	BV Blue	East
26	Oct. 12	8:15 AM	9:15 AM	U12A	RR	Airdrie Sting	Red Deer Rush	West
27	Oct. 12	8:45 AM	9:45 AM	U12A	RR	BV Crossfire	BV Voltage	East
28	Oct. 12	9:30 AM	10:45 AM	U16A	RR	NW Forte	NW Havoc	West
29	Oct. 12	10:00 AM	11:00 AM	U12B	RR	Stranger Rings	Indus Lightning	East
30	Oct. 12	11:00 AM	12:15 PM	U19B	RR	Strathmore Ice	NW Ignite	West
31	Oct. 12	11:15 AM	12:30 PM	U19B	RR	BV Impulse	NW Hbadgers	East
32	Oct. 12	12:30 PM	1:30 PM	U12A	RR	Indus Lightning	Airdrie Sting	West
33	Oct. 12	12:45 PM	2:00 PM	U19A	RR	BV Elite	Cochrane Rockies	East
34	Oct. 12	1:45 PM	3:00 PM	U16A	RR	NW Forte	BV Motley Crue	West
35	Oct. 12	2:15 PM	3:15 PM	U12A	RR	Red Deer Rush	BV Voltage	East
36	Oct. 12	3:15 PM	4:30 PM	U16B	RR	SC Blues	BV Lethal	West
37	Oct. 12	3:30 PM	4:45 PM	U16B	RR	NW Kryptonite	BV Blazers	East
38	Oct. 12	4:45 PM	5:45 PM	U12B	Consolation	RR3	RR4	West
39	Oct. 12	5:00 PM	6:15 PM	U19A	RR	NW Wild	BV Blue	East
40	Oct. 12	6:00 PM	7:15 PM	U19B	RR	NW Ignite	BV U19B-2	West
41	Oct. 12	6:30 PM	7:30 PM	U12A	RR	Airdrie Sting	BV Crossfire	East
42	Oct. 12	7:30 PM	8:30 PM	U12A	RR	Red Deer Rush	Indus Lightning	West
43	Oct. 12	7:45 PM	9:00 PM	U16A	RR	BV Motley Crue	NW Havoc	East
44	Oct. 12	8:45 PM	10:00 PM	U19B	RR	BV U19B-2	BV Impulse	West
45	Oct. 12	9:15 PM	10:30 PM	U19B	RR	NW Hbadgers	Strathmore Ice	East

Sunday, October 13

Game	Date	Start	End	Division	Info	Home	Visitor	Arena
46	Oct. 13	8:00 AM	9:15 AM	U19A	Consolation	RR3	RR4	West
47	Oct. 13	8:15 AM	9:30 AM	U16B	Consolation	RR3	RR4	East
48	Oct. 13	9:30 AM	11:00 AM	U19A	Final	RR1	RR2	West
49	Oct. 13	9:45 AM	11:15 AM	U16A	Final	RR1	RR2	East
50	Oct. 13	11:15 AM	12:45 PM	U16B	Final	RR1	RR2	West
51	Oct. 13	11:30 AM	12:45 PM	U12B	Final	RR1	RR2	East
52	Oct. 13	1:00 PM	2:15 PM	U12A	Final	RR1	RR2	West
53	Oct. 13	1:15 PM	2:30 PM	U19B	Final	RR1	RR2	East



Tournament Game Recording

U12A

BV Voltage

	F	A	P
BV Crossfire			
Airdrie Sting			
Red Deer R.			
Indus Light.			
TOTALS			

BV Crossfire

	F	A	P
Airdrie Sting			
Red Deer R.			
Indus Light.			
BV Voltage			
TOTALS			

Airdrie Sting

	F	A	P
Red Deer R.			
BV Voltage			
BV Crossfire			
Indus Light.			
TOTALS			

Red Deer Rush

	F	A	P
Indus Light.			
BV Voltage			
BV Crossfire			
Airdrie Sting			
TOTALS			

Indus Lightning

	F	A	P
BV Voltage			
BV Crossfire			
Airdrie Sting			
Red Deer R.			
TOTALS			

U12B

NW Stranger Rings

	F	A	P
Indus Light.			
Airdrie Fire B.			
BV Chaos			
TOTALS			

Indus Lightning

	F	A	P
NW Stranger			
BV Chaos			
Airdrie Fire B.			
TOTALS			

Airdrie Fire Blades

	F	A	P
NW Stranger			
Indus Light.			
BV Chaos			
TOTALS			

BV Chaos

	F	A	P
Airdrie Fire B.			
NW Stranger			
Indus Light.			
TOTALS			

U16A

NW Havoc

	F	A	P
BV Motley C.			
NW Forte			
TOTALS			

BV Motley Crue

	F	A	P
NW Havoc			
NW Forte			
TOTALS			

NW Forte

	F	A	P
NW Havoc			
BV Motley C.			
TOTALS			

U16B

NW Kryptonite

	F	A	P
BV Blazers			
SC Blues			
BV Lethal			
TOTALS			

BV Blazers

	F	A	P
NW Kryptonite			
SC Blues			
BV Lethal			
TOTALS			

SC Blues

	F	A	P
NW Kryptonite			
BV Blazers			
BV Lethal			
TOTALS			

BV Lethal

	F	A	P
NW Kryptonite			
BV Blazers			
SC Blues			
TOTALS			



Tournament Game Recording

U19A

NW Wild

	F	A	P
BV Blue			
BV Elite			
Cochrane R.			
TOTALS			

BV Blue

	F	A	P
NW Wild			
BV Elite			
Cochrane R.			
TOTALS			

BV Elite

	F	A	P
NW Wild			
BV Blue			
Cochrane R.			
TOTALS			

Cochrane Rockies

	F	A	P
NW Wild			
BV Blue			
BV Elite			
TOTALS			

U19B

NW Ignite

	F	A	P
Strathmore I.			
NW Hbadgers			
BV U19B-2			
BV Impulse			
NW Ignite			
TOTALS			

Strathmore Ice

	F	A	P
NW Hbadgers			
BV U19B-2			
BV Impulse			
NW Ignite			
TOTALS			

NW Hbadgers

	F	A	P
Strathmore I.			
BV U19B-2			
BV Impulse			
NW Ignite			
TOTALS			

BV U19B-2

	F	A	P
Strathmore I.			
NW Hbadgers			
BV Impulse			
NW Ignite			
TOTALS			

BV Impulse

	F	A	P
Strathmore I.			
NW Hbadgers			
BV U19B-2			
NW Ignite			
TOTALS			



U12A

BV Voltage

- 1 Cailyn Cayer
- 21 Sienna McLaren
- 22 Reeghan Robertson
- 23 Claire O'Mahony
- 24 Lyra Kovatch
- 25 Kira MacDonald
- 26 Laila Assaly
- 28 Dylan Chemelli
- 29 Melayna Bourgeois
- 30 Addison Schwertner
- 31 Kira Schram
- 33 Taya Litke
- 34 Megan Jang

Head Coach: Michelle Chemelli
Manager: Kathy Schertner Asst. Asst.
 Asst. Coach: Melissa Pollard
 Asst. Coach: Taylor Assaly
 Asst. Coach: James Litkie

Airdrie Sting

- 1 Jenny Johnston
- 2 Emily LeBlond
- 4 Emily Rodgers
- 5 Addyson Strauss
- 6 Molly Forsyth
- 7 Alyssa Heisler
- 8 Sadie Wyman
- 9 Ryann Connolley
- 10 Ella Bigorja
- 11 Emily Lau
- 12 Alli Sturby
- 13 Lauren Flaman
- 15 Raine Yellowoga

Head Coach: Mark Sturby
Manager: Maureen Rodgers
 Asst. Coach: Scott Flaman
 Asst. Coach: Brent Straws
 Asst. Coach: Monique Yellowoga
 Asst. Coach: Andy LeBlond

BV Crossfire

- 1 Sadie Blenkhorn
- 3 Paige Wilkie
- 6 Tasha Blackwell
- 7 Rachel Lavert
- 8 Jadee Patel
- 9 Hailey Tissington
- 10 Fiona Keilly
- 11 Fiona Riley
- 12 Isla Lloyd
- 13 Avery Ashley
- 14 Caybree Soucy
- 15 Brooke Rolles
- 16 Saoirse Britton

Head Coach: Bill Blackwell
Manager: Michele Patel
 Asst. Coach: Erin Ashley
 Asst. Coach: Kyla Lavery
 Asst. Coach: Trevor Wilkie
 Trainer: Tarryn Willis

Indus Lightning

- 2 Ella Brockman
- 4 Emma Ilsley
- 5 Rowyn Lynch
- 10 Madelyn Watkins
- 11 Mackenze Nouwen
- 14 Riley Harris
- 18 Nour Souraya
- 19 Cayla Massey
- 20 Bryce Mullen
- 22 Myah Wong
- 25 Darcy Cowan
- 27 Riley Colvin
- 28 Abbie Skene

Head Coach: Jamie Rainey
Manager: Kym Mullen
 Asst. Coach: Kevin Lynch
 Asst. Coach: Kelly Watkins
 Asst. Coach: Allison Massey



U12A

Red Deer Rush

- 1 Addison Luke
- 2 Leah Kilpatrick
- 3 Brooke McPeck
- 4 Olivia Hansen
- 5 Jady Tam
- 6 Blaire Campbell
- 7 Hazel Erdman
- 8 Calleigh Pascoe
- 9 Sienna Begley
- 10 Mya McCullough
- 13 Avery Smith
- 14 Jillian Marquart
- 15 Koda Edwards
- 16 Kyana MacGregor

Head Coach: Tyson Luke
Manager: Krystal McPeck
 Asst. Coach: Ryan Begley
 Asst. Coach: Blair MacGregor
 Asst. Coach: Lindsay Pascoe
 Asst. Coach: Chris McCullough
 Trainer/Jr Coach: Sierra Hilman



Ringette Fast Facts

Ringette History... Did you know?

- Ringette is a Canadian invention.
- Ringette was invented in 1963, in North Bay, Ontario by Sam Jacks, the same person who introduced floor hockey to the world (1936).
- Canada-wide there are currently over 25,000 thousand registered players on over 2,000 teams.
- There are over 2,400 ringette officials registered in Canada.
- Over 6,500 men and women coach ringette across Canada.
- Although Ringette is predominantly played by females, over 600 males also participate across the country.
- Ringette is played world-wide in countries including Finland, Sweden, the United States, Japan, Australia, Germany, New Zealand, France, Slovakia, and the Czech Republic – and the sport continues to grow.
- Since 1990 a world ringette championship has been held every year.
- Canada and Finland hold the record number of championships
- There is a Ringette Hall of Fame recognizing outstanding achievement in the sport and contributions to its development.
- The Canada Winter Games have hosted a ringette tournament since 1991.
- Since 1971 a Canadian ringette championship has taken place across the country.



U12B

NW Stranger Rings

- 2 Jersie Macneill
- 3 Maggie Albizzati
- 4 Kira Thompson
- 5 Julianna Denny
- 7 Hazel Vincze
- 9 Lily O'Neill
- 10 Jenevieve Juurlink
- 11 Brooklyn McQueen
- 12 Allie Mazuryk
- 13 Kally Luzi
- 16 Samantha Savoia
- 26 Rowan Smith
- 31 Shelby Backs

Head Coach: Gord McQueen
Manager: Jenny Mazuryk & Christa Todd-Savoia
Asst. Coach: Erin Macneill
Asst. Coach: Ivan Mazuryk
Asst. Coach: Michelle O'Neill

Indus Lightning

- 2 Cassidy Travsdale
- 4 Chloe Smith
- 6 Elizabeth Hicks
- 8 Evelyn Penny
- 10 Holly High
- 12 Julianna Carpenter
- 14 Kingsley McHattie
- 16 Leon Benlein
- 18 Lucinia Merkley
- 20 Marley Hinge
- 22 Racheal Turbela
- 24 Sadie Macnevin
- 26 Sienna Ziemann

Head Coach: Nick Ziemann
Manager: Jayme McHattie
Asst. Coach: Anya Travsdale
Asst. Coach: Craig Penny

Airdrie Fire Blades

- 16 Paige Ashworth
- 17 Ellie Roblin
- 18 Taylor Hall
- 19 Georgia Holland
- 20 Riel Makein-Beebe
- 21 Madison Moore
- 23 Emma Morabito
- 24 Morgan Schiffner
- 25 Peneope Pawsey
- 26 Isabelle Papp
- 27 Eisha Neill
- 28 Raegan McKnight
- 29 Kateyn Nikish
- 30 Alleigh Mercer

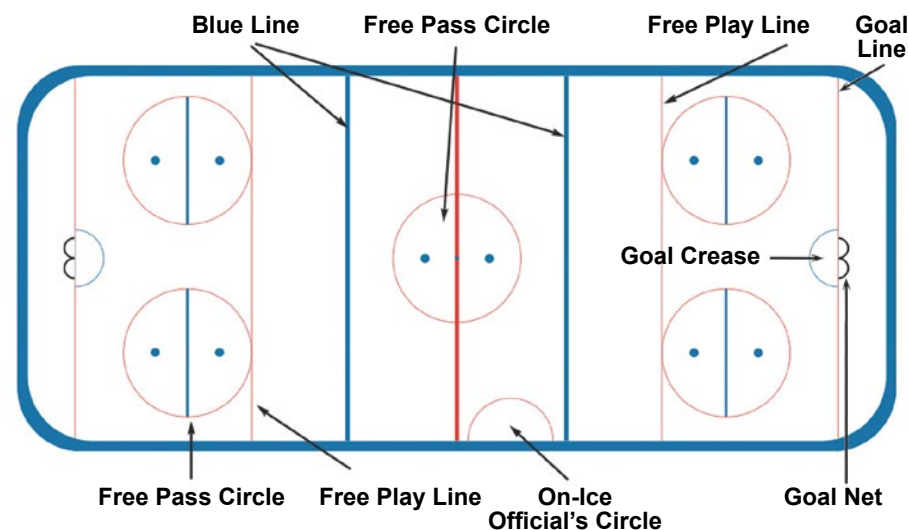
Head Coaches: Drew McKnight & Jason Nikish
Manager: Kara Pawsey
Asst. Coach: Kelie Risdom
Asst. Coach: Crystal Morabito
Asst. Coach: Rachel Holland

BV Chaos

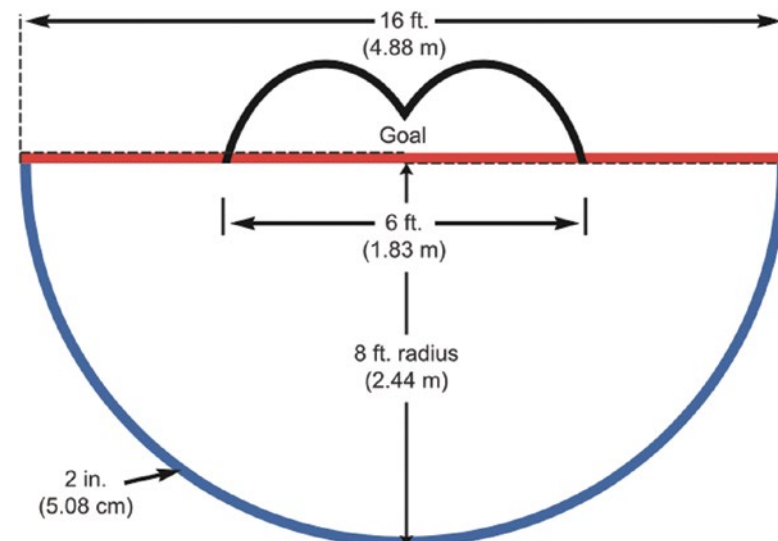
- 1 Caylie Mathison
- 20 Meghan Psiloyenis
- 21 Beth Duret
- 22 Ashley Chapman
- 23 Ella Deleau
- 24 Vivienne Piche
- 25 Olivia Stordahl
- 26 Orianna Hewett
- 27 Kendra Metzler
- 28 Blake Marfleet
- 30 Elyse Fortin
- 31 Mikayla Brownrigg
- 33 Eva Philllips

Head Coach: Keri Metzler
Manager: Terri Duret
Asst. Coach: Ginny Chapman
Asst. Coach: Glen Phillips
Asst. Coach: Colin Hewett

Ringette Rink Markings



Goal Net & Crease



U16A

NW Forte

- 1 Annika Russell
- 2 Camryn McCorniston
- 3 Maya Jina
- 4 Ayla Ventura
- 5 Grace Stappler
- 7 Sophie Klyen
- 8 Brynn Affleck
- 9 Sara Graham
- 10 Peyton Kyle
- 11 Rachel Morrison
- 12 Gabby Legault
- 13 Chelsea Diepsen
- 14 Shea Kent
- 31 Teagan Pennoyer

Head Coach: Tanya Graham
Manager: Sonya Ventura
 Asst. Coach: Curtis Stappler
 Asst. Coach: Michelle Affleck
 Asst. Coach: Rod Pennoyer

NW Havoc

- 1 Reagan Hatch
- 2 Kaeyna Buchinski
- 3 Brianna Dittner
- 4 Shae McCallum
- 5 Evangeline Thompson
- 7 Kylie Williams
- 8 Hayden Leppert
- 9 Ruby Boswell
- 10 Brookelyn McDavid
- 12 Mackenna Werbowesky
- 16 Reegan Tilford
- 32 Anna O'Brein
- 33 Brooke Desrosiers
- 41 Alexandra Charko

Head Coach: Jeff Boswell
Manager: Bobbi-Lynn Werbowesky
 Asst. Coach: Carrie Williams
 Asst. Coach: Lauren Stanley

BV Motley Crue

- 1 Jalen Moddler
- 2 Trinity Jensen
- 4 Kate Marshall
- 5 Paige Cole
- 6 Mia Yuris
- 7 McKenna Marshall
- 8 Ashlee Coyes
- 9 Ava Fitzpatrick
- 10 Vanessa Wynker
- 11 Mia Woods
- 12 Kate Gross
- 13 Maya Dowling
- 14 Chloe Ertman
- 15 Lauren Over
- 16 Meghan Griffin
- 24 Madison Fitzpatrick

Head Coach: Greg FitzPatrick
Manager: Sara Yuris
 Asst. Coach: Treva Hamlin
 Asst. Coach: Darren Gross
 Asst. Coach: Nicole Coyes

THE RINGETTE STORE
 www.ringettestore.com

100%
 dedicated to Ringette!

Shop online anytime at
www.ringettestore.com

108A 3604 - 52 Avenue NW
 (403) 282-4355



U16B

NW Kryptonite

- 1 Sylvia Vega
- 3 Markita Conte
- 4 Julie Olson
- 5 Kaila Doiron
- 7 Lauren Farrell
- 9 Jessica Eldred
- 10 Claire Jacobsen
- 11 Avery Hayes
- 12 Olivia Fortuna
- 13 Carys Hill
- 21 Kaitlin Bowes
- 25 Jasmine Camlioglu
- 28 Paige Kozicki
- 31 Logan Clarke
- 36 Brie Lewis
- 37 Evelyn Gibbs

Head Coach: Jill Olson
Manager: Sheri Worthington
 Asst. Coach: Scott Jacobsen
 Asst. Coach: Al Gibbs

SC Blues

- 2 Sadie Ferguson
- 3 Judith Cochrane
- 4 Chloe Fletcher
- 5 Julia Thompson
- 6 Grace Ayres
- 7 Clara Ogston
- 8 Joceline Keller
- 9 Kyra Grenning
- 10 Cameron Johnson
- 11 Lauren Humphreys
- 12 Victoria Powers
- 14 Julia Sully
- 15 Violet Nyitrai
- 16 Carly Proudfoot
- 18 Haley Crews
- 25 Jeneice Nasser
- 31 Janette Mozill

Head Coach: Tim Nyitrou
Manager: Nicole Benereaux
 Asst. Coach: Garth Ayres
 Asst. Coach: Jamie Proudfoot
 Asst. Coach: Laura Ferguson

BV Blazers

- 1 Angela Chaskavich
- 2 Tara Pollon
- 4 Fayth Waldal
- 5 Summer Hewett
- 6 Alex Keating
- 7 Angelina Buonincontri
- 8 Marissa Gouing-Wright
- 9 Sofia Buonincontri
- 10 Mikaela Mortensen
- 11 Victoria Arthurs
- 12 Taryn Deeprose
- 13 Afton Rudd
- 14 Jillian Chase
- 15 Ashley Carver
- 16 Vienna Sutherland
- 17 Erika Delaney

Head Coach: Rayleen Chaskavich
Manager: Debbie Pollon
 Asst. Coach: Tyler Pollen
 Asst. Coach: Errin Wright
 Asst. Coach: Mark Chasse
 Asst. Coach: Ross Lindsay

BV Lethal

- 2 Ella Gifford
- 3 Shae Aiello
- 4 Madeline Knopp
- 5 Grace White
- 6 Hana Burton
- 7 Madeline Quarman
- 8 Hazel McCarney
- 9 Abigail Vogan
- 10 Kayleigh Otterson
- 11 Tess Pelland
- 12 Shynar Caldwell
- 13 Alyssa Benoit
- 14 Jorja Strickland
- 15 Payton Knight
- 17 Abby Gifford
- 31 Carys Castle

Head Coach: Chandra Otterson
Manager: Linda White
 Asst. Coach: Bob Gifford
 Asst. Coach: Dave Knight
 Asst. Coach: Cheryl Sempu



U19A

NW Wild

- 2 Ali Lamb
- 3 Makayla Eberle
- 4 Alessia Ferrise
- 5 Gemma De Marchi
- 7 Janelle Swiatkowski
- 8 Jocelyn Mazurek
- 9 Faith Boyer
- 10 Hailey Eberle
- 11 Naomi Warkentin
- 12 Melissa Randolph
- 13 Sydney Williams
- 14 Madeline Schrauth
- 18 Jordyn Ferguson
- 31 Brooke Lamont
- 46 Kalia Kryvenchuk

Head Coach: Carrie Williams
Manager: Laura Lamb
Asst. Coach: Sarah Schrauth
Asst. Coach: Don Eberle
Trainer: Robyn Boyer

BV Elite

- 1 Alex Coyes
- 2 Ali Loschuk
- 3 Charlotte Gosselin
- 4 Chloe Gustafson
- 5 Devin Wells
- 6 Kaylee Ross
- 7 Laila Comessotti
- 8 Larissa Eifler
- 9 Lily McBride
- 10 Mackenzie McManus
- 11 Madeleine Harvey
- 12 Maggie Ryan
- 13 Natalie Walton
- 14 Sarah Adams
- 15 Sheridan Coninx

Head Coach: Nicole Coyes
Manager: Jennifer Eifler
Asst. Coach: Dennis Walton
Asst. Coach: Tim Coninx

BV Blue

- 2 Anne Yeomans
- 4 Ava Ricciardi
- 5 Rianne Caldwell
- 6 Ava MvKeage
- 7 Cassidy Tell
- 8 Reese Viggars
- 9 Jane Hardy
- 10 Holly Gummersen
- 11 Presley Stradeski
- 12 Isabella Garvin
- 13 Ella Selby
- 14 Tanna Morris
- 15 Madison Strle
- 17 Sharissa Noor-Ali
- 31 Brooklin Durrant

Head Coach: Mark Yeomans
Manager: Andrea Quick
Asst. Coach: Darren Hardy
Asst. Coach: Robin Morris
Asst. Coach: Mary Ellen Larson
Asst. Coach: Nici Bogstie
Asst. Coach: Carl Caldwell

Cochrane Rockies

- 1 Alyssa Bergen
- 2 Sarah Bentz
- 3 Claudia Collins
- 4 Abbie Davidson
- 5 Hailey Davidson
- 6 Kadie Istace
- 7 Grace Johnson
- 8 Ashley Lawson
- 9 Annabelle MacInnis
- 10 Emma Novak
- 11 McKenna Smith
- 12 McKenna Summerfeild
- 13 Shea White

Head Coach: Jason Novak
Manager: Wayne Johnson
Asst. Coach: Melissa White
Asst. Coach: Judy Collins
Asst. Coach: Scott Istace



U19B

NW Honey Badgers

- 5 Morgan Hayes
- 7 Olivia Clason
- 8 Isabel Alm
- 9 Jessica Lee
- 10 Mena Sieben
- 11 Shayla Sugden
- 12 Jemma Van
- 13 Lauren Anderson
- 14 Ainsley Smit
- 19 Abigail Beatty
- 20 Helen Scott
- 37 Lauren Funkhouser

Head Coach: Michelle Dillenbeck
Manager: Keri Clason
Asst. Coach: Randy Funkhouser
Asst. Coach: Brian Sugden
Asst. Coach: Dave Zajdlík
Trainer: Darren Dillenbeck

NW Ignite

- 7 Jordyn Jackson
- 8 Sophie Gaudet
- 9 Rachel Rudd
- 10 Mackenzie Ballantyne
- 11 Olivia Munro
- 12 Teagan Blank
- 14 Delaney McComish
- 22 Mackenzie Carley
- 31 Olivia Seib
- 35 Cassidy Beer
- 36 Shelby Piche
- 48 Ashley Gould

Head Coaches: Pat Carley & Wes Munro
Manager: Tammy McComish
Asst. Coach: Mark Gaudet
Asst. Coach: Dave McDonald
Asst. Coach: Barb Gould

BV U19B-2

- 6 Karissa Buonincontri
- 7 Ellie Cheema
- 8 Rudd Dev
- 9 Hailey Dillon
- 10 McKenna FairHurst
- 11 Sydney Fisher
- 12 Bridgette Frischholz
- 13 Jolene Hall
- 14 Gracie Liptrot
- 15 Abi McFarlane
- 16 Megan McIntosh
- 17 Jocelyn Percival

Head Coach: Pinder Cheema
Manager: Susan Buonincontri
Asst. Coach: Brett Fischer
Asst. Coach: Dave Liptrot

BV Impulse

- 5 Abbie Hatchette
- 6 Allison Leach
- 7 Lizzie Thomas
- 8 Makayla MacKenzie
- 9 Talia MacKenzie
- 10 Gillian Meyers
- 11 Kelsey Moore
- 12 Olivia Oshust
- 13 Kailey Piercey
- 14 Liv Prins
- 15 Claire Sorkilmo
- 16 Jocelyn Weller
- 17 Jenna Weller
- 18 Evan Coolidge

Head Coach: Lynn Mageau
Manager: Maude Fortin-Sorkilmo
Asst. Coach: Sue Piercey
Asst. Coach: Jaime Hatchette
Asst. Coach: Anna-Marie Leach



U19B

Strathmore Ice Holes

- 3 Jaiden Eitzen
- 4 Laura Sader
- 6 Reagan Bogusky
- 7 Kayla Heringa
- 8 Aubrie Hunter
- 9 Cayley Bosch
- 10 Cosette Lacroix
- 12 Hannah Carlson
- 14 Jaylin MacLean
- 15 Camille Gauvin
- 16 Sophie Beekman
- 17 Mackenzie Duggan
- 18 Grace Praeker
- 19 Joely Dahm
- 21 Maia Beekman
- 22 Makenzie Hansen
- 23 Carly Krahenbil
- 34 Tiffany Stimson

Head Coach: Dean Hansen
Manager: Coreena Hunter
Asst. Coach: Ben Sader
Asst. Coach: Natalie Gregory
Asst. Coach: Janique Lagace
Trainer: Walley Carlson

Sam Jacks

A man called Sam Jacks invented ringette.
 Jacks came to Canada from Scotland in 1920.
 He became a sports director in North Bay, Ontario.
 There were many outdoor skating rinks in the small town.
 The boys were active, but girls did not play hockey.
 Jacks wanted girls to play a game on ice, too.
 So, he invented a skating game for girls.
 Ringette is born.
 At first, the girls cut off the ends of old hockey sticks.
 They used a hollow rubber ring instead of a hockey puck.
 Slowly Jacks made rules.
 He called the game "ringette".
 In 1963 in Ontario, girls played the first ringette game.
 Now players use a straight stick with a special tip.
 They pass and shoot the ring to score points or goals.
 A safe team sport.
 Ringette is a very fast game.
 A player must pass the ring across a blue line
 to move it down the ice.
 This teaches teamwork.
 Ringette is a non-contact sport.
 No one can tackle another player.
 A player wears pads, gloves and a helmet.
 All players learn about safety on the ice.

Tournament Rules

1. The official rules of **Ringette Alberta** apply.
2. In the case of conflict in uniform color, the **VISITING** team must change their uniforms.
3. In medal games, the higher place team shall be the **HOME** team.
4. Teams must declare **Goaltender(s), Captains** and **Alternate Captains** on the game sheet by indicating **(G), (C), (AC)**.
5. Good sportsmanship and fair play will be stressed throughout the tournament.
6. Any **TEAM** accumulating **MORE THAN 30 Penalty Minutes in any ONE (1) GAME**, shall see the Head Coach or acting Head Coach from that game suspended for their next tournament game. No grievances will be accepted.
7. A **MATCH penalty** will automatically result in suspension from all subsequent tournament games.
8. Game scores will be displayed on the time clock, posted in arenas, and recorded for tie breaking procedures, with a **MAXIMUM SEVEN GOAL** difference
9. Teams using affiliates are required to strike the names of players who are not participating in a game from the gamesheet to ensure proper verification. When using an affiliate the name(s) of the player(s) and their jersey number must be written in the appropriate space on the gamesheet, marked with **(AP)** for **Affiliate Player** and **(AG)** for **Affiliate Goalie**.

From the Ringette Alberta 5.0 – Player Affiliation Policy.
 5.4.3 Players "dressed" and listed on the game sheet shall be:

- A minimum of seven (7) players
- A maximum of five (5) affiliate players

Good Luck To All Participants

THE RINGETTE STORE
 www.ringettestore.com

108A 3604 - 52ave NW
 Calgary, AB T2L-1V9
 Phone: (403) 282-4355
 Fax: (403) 282-5054
 Toll Free 877-687-6257
 Email: Calgary@ringettestore.com

100% dedicated
to Ringette!

Shop Online Any Time
@

2980 Ontario Street RR#4 Line 34
 Stratford, On N5A 6S5
 Phone : (519) 271-3000
 Fax: (519) 271-8205
 Toll Free: 866-858-6888
 Email: Stratford@ringettestore.com

WWW.RINGETTESTORE.COM



- A maximum of twelve (12) players if the only affiliate player(s) participating in the game are skater(s)
 - A maximum of thirteen (13) players if a combination of affiliate skater(s) and an affiliate goaltender is participating in the game
 - A maximum of eighteen (18) if the only affiliate player "dressed" is a goaltender "Players" include goaltenders and skaters
10. **Teams must be ready to go on ice ten (10) minutes before the scheduled game time.** Teams not iced within two (2) minutes of the referee's whistle being blown to start the game will forfeit the game. However, the game will be played as an exhibition game and the score recorded as 4-0. The penalty for not playing a game is forfeiture of position in the Round Robin standings.
 11. All players must be from one team and must be registered as a member of that team with the applicable Provincial or Zone governing body. Teams who play an ineligible player will have the actual result of the affected game(s) cancelled. The affected game(s) will be recorded as 4-0 score in favour of the team(s) **not** playing an ineligible player.
 12. Overage players will only be allowed if they are registered with the participating team. Teams must follow Ringette Alberta Overage Player Policy.
 13. All teams **MUST** sign in and pick up a Coach's Package at the Tournament's arena control desk at the Don Hartman North East Sportsplex prior to their first scheduled game.
 14. Score sheets are to be picked up at the Tournament's arena control desk. They are to be completed or verified and signed by the coach at least fifteen (15) minutes prior to game time and returned to the control desk.
IMPORTANT: Please bring your own team labels for scoresheets. We will NOT supply printed scoresheets.
 15. Any team that leaves the ice, or calls a game will be suspended from all further play in the tournament, including the awarding of medallions.
 16. Thirty second (30 sec) shot clocks will be used in U12 and older Divisions in this Tournament.



17. Any team wishing to file a protest may do so by submitting their request in writing, along with \$200, to the Tournament Committee. Notification of a protest must be received within one hour of the incident occurring to enable sufficient time to deal with the protest.
18. A grievance committee will meet to deal with any protests received. (If the protest is upheld the \$200 will be refunded). No game protests involving referee judgement will be accepted. **THE REFEREE'S DECISION SHALL BE FINAL.**

Games Duration and Format:

IMPORTANT: Officials have been instructed to drop the clock to 2 minutes "Stop Time" when there is 5 minutes left in ice time for Round Robin games only. Clock will not be dropped for Final games.

U12 & U14: Two (2) periods of 18 minutes stop time with shot clock play. Top 2 teams in each division standing will participate in medal game.

U16 and above: Two (2) periods of 20 minutes stop time with shot clock play. Top 2 teams in each division standing will participate in medal game.

Halftime break will be 2 minutes running time.

Round Robin Team Standing Rules

POINT STRUCTURE

Teams receive two (2) points for a win, one (1) point for a tie, and no (0) points for a loss. At the completion of round robin play, teams will be ranked according to the total points in all games played.

Breaking of Ties in Team Standings

*Note: Regardless of game score, only a **SEVEN goal difference** will be applied*

When two or more teams have an equal number of points after round robin play, the teams will be ranked according to the following rules:



- A. The winner of more game(s) between each other during the round robin will be declared the highest position.
- B. If still tied, teams shall be ranked according to the difference between goals for and against in games between the tied teams in round robin play. The team with the highest positive difference shall be ranked highest, the team with the second highest positive difference shall be ranked next, the team with the third highest positive difference shall be ranked next, etc.
- C. If still tied, teams shall be ranked according to the least goals against in games between the tied teams in round robin play. The team with the least goals against shall be declared the highest position, the team with the second least goals against shall be next, the team with the third least goals against shall be next, etc.
- D. If still tied, teams shall be ranked according to the difference between goals for and against in all games played in the round robin. The team with the highest positive difference shall be ranked highest, the team with the second highest positive difference shall be ranked next, the team with the third highest positive difference shall be ranked next, etc.
- E. If still tied, teams shall be ranked according to the least goals against in all games played in the round robin. The team with the least goals against shall be declared the highest position, the team with the second least goals against shall be next, the team with the third least goals against shall be next, etc.
- F. If still tied, teams shall be ranked according to the highest ratio of goals for divided by the sum of goals for plus goals against for games between the tied teams in round robin play. The team with the highest ratio shall be ranked highest, the team with the second highest ratio shall be ranked next, the team with the third highest ratio shall be ranked next, etc.

$$\frac{\text{Total goals for} + \text{Total goals against}}{\text{Total goals against}}$$

- G. If still tied, teams shall be ranked according to the highest ratio of goals for divided by the sum of goals for plus goals against for all games played in the round robin. The team with the highest ratio shall be ranked highest, the team with the second highest ratio shall be ranked next, the team with the third highest ratio shall be ranked next, etc.

- H. If still tied, teams shall be ranked according to the least total penalty minutes for all games played in the round robin. The team with the least penalty minutes shall be declared the highest position, the team with the second least penalty minutes shall be next, the team with the third least penalty minutes shall be next, etc.
- I. If still tied, teams shall be ranked according to the time required to score their first goal for all games played in the round robin. The team scoring the earliest goal shall be ranked highest, the team scoring the second earliest goal shall be ranked next, the team scoring the third earliest goal shall be ranked next, etc.
- J. If still tied, teams shall be ranked by a coin toss.

NOTE: Each step of the tie breaking rules shall apply to all teams involved in the tie.

ie. according to rule B, the White team has a difference of 5 goals, the Red team has a difference of 3 goals and the Blue team has a difference of 2 goals. White team shall be ranked highest, Red team next and Blue team shall be third among these tied teams.

If three (3) or more teams are involved in the tie, the tie breaking procedure shall only revert to A if teams are still tied after the application of subsequent rules. ie. according to rule B, the White team has a difference of 5 goals, the Red team and the Blue team are still tied at 3 goals difference. White team shall be ranked highest, revert to rule A to break the tie between the Red & Blue teams.

Breaking of Tie Scores in Tournament Games

- If a **ROUND ROBIN** game is tied at the end of regulation time, each team will be awarded (1) one point.
- If a game is tied at the end of the second half of a **QUARTER-FINAL, SEMI-FINAL or FINAL GAME**, in the event of a tie score at the end of regulation time in a Final Game:
- A 2 minute break will be taken, followed by a five-minute, sudden victory overtime period. **Each team will submit a list of five shooters for a potential initial shoot-out to the on-ice official at this time & prior to overtime play.**
- Teams will not change ends for the overtime period.
- Ring possession for the start of the overtime period will be determined by coin toss.



- If a tie still exists at the end of the overtime period, a five player shoot-out will decide the game winner. Home team shall shoot first.
- Using the submitted shoot list, shooters will alternate, beginning with the designated home team.
- The team that scores the greatest number of goals will be declared the winner.
- If a tie still exists after the initial five player shoot-out, a single shoot-out, alternating format will begin with the designated home team.
- The coach will select players for each round, but cannot re-use players until all players have taken their turn in the shoot-out. Goalies and injured players are exempt.
- The first team that scores in a round when the other does not will be the winner.

NOTE: Penalties assessed in regulation or overtime play shall carry-over to the next period.

Time-Outs:

Each team is entitled to ONE 30-second timeout per regulation game.
Each team is entitled to ONE additional 30-second timeout in overtime.

Never miss a moment of the game.

BROADCASTING LIVE & ON DEMAND FROM

NORTHEAST SPORTSPLEX






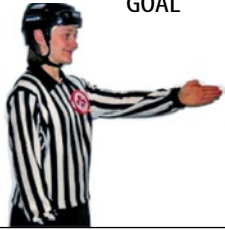






SAVE 10% | PROMO CODE: 5bad-3de0



www.livebarn.com



















On-Ice Officials' Signals

ALL CLEAR 	DELAYED PENALTY 	DELAYED VIOLATION 	
DELAYED CALLING OF A VIOLATION WITH A FIVE SECOND COUNT 		FIVE SECOND COUNT 	
GOAL 	GOALKEEPER RING 		TIMEOUT 
TWO BLUE LINE PASS 	SHOT CLOCK RESET 	HAND ON LOWER THIRD 	
WASH OUT 			





Photos courtesy of Ringette Alberta



Minor Penalties

 BOARDING	 BODY CONTACT	 DELAY OF GAME	
  CHARGING	  CROSS CHECKING		
 ELBOWING	 HIGH STICKING	 HOLDING	
 HOOKING	 ILLEGAL SUBSTITUTION		
 INTERFERENCE	 SLASHING	 PENALTY SHOT	 TRIPPING

Fully Served & Ejection Penalties

 UNSPORTSMANLIKE CONDUCT	 MAJOR PENALTY	 ROUGH PLAY	 MISCONDUCT/ MATCH PENALTY
---	---	--	---

Photos courtesy of Ringette Alberta





Good Luck To All Participants 

THE RINGETTE STORE

www.ringettestore.com

108A 3604 - 52ave NW
Calgary, AB T2L-1V9
Phone: (403) 282-4355
Fax: (403) 282-5054
Toll Free 877-687-6257
Email: Calgary@ringettestore.com

100% dedicated to Ringette!

Shop Online Any Time
@

WWW.RINGETTESTORE.COM

2980 Ontario Street RR#4 Line 34
Stratford, On N5A 6S5
Phone : (519) 271-3000
Fax: (519) 271-8205
Toll Free: 866-858-6888
Email: Stratford@ringettestore.com

Play. Watch. Share.



LIVE & ON DEMAND
ANYTIME • ANYWHERE

Never miss a moment of the game.

BROADCASTING LIVE & ON DEMAND FROM

NORTHEAST SPORTSPLEX

SAVE 10% | PROMO CODE: 5bad-3de0



www.livebarn.com

403-831-1351
cloud.design@shaw.ca
Calgary, AB

Shelley Ng
Creative

Cloud Design



HIRED GUN
PHOTOGRAPHY

hiredgunphoto.ca c. 403-999-6509



Don Hartman North East Sportsplex
5206 68 Street NE
Calgary, Alberta

