



October 14-16, 2022

Don Hartman North East Sportsplex



Contents

| | |
|-----------------------------------|----|
| Welcome | 2 |
| A Message from Major Gondek | 3 |
| Tournament Committee | 4 |
| Lonnie Krahn | 5 |
| Tournament Schedule | 6 |
| Tournament Game Recording | 8 |
| U12A Division | 10 |
| U12B Division | 12 |
| U14A Division | 13 |
| U16A Division | 14 |
| U16B Division..... | 16 |
| U19A Division | 18 |
| U19B Division | 20 |
| Tournament Rules | 22 |
| Officials' Signals | 28 |



Welcome!



Dear Ringette Families and Athletes,

It is with great pleasure that I welcome the all teams, coaching staff, minor officials, parents and fans to this year's **Lonnie Krahn Classic**. Thank you for your dedication and for providing these athletes with the opportunity to grow and learn within the sport of ringette. It is sure to be an action packed weekend filled with truly impressive skills and competition. We trust that through good sportsmanship and competitive play, this tournament will be fun and memorable for all. I also want to extend a **Special thanks to our Refs!**

The Lonnie Krahn Classic is an annual event which started 28 years ago but due to COVID we missed a year – hence the 27th annual. The tournament is proudly hosted by Calgary East (Cal-East) Ringette Association Alumni. It was originally named the PSA Spring Classic but was later renamed to honor a man that did so much for our Ringette Association. A fun trivia fact - the medal that will be awarded to the Gold and Silver finalists was designed by Lonnie himself.

It goes without saying how much we all appreciate the efforts of a small but dedicated group of volunteers for the countless hours over the last several months in bringing this event to reality. I hope you enjoy what they have planned for this weekend. Further, I would like to thank all our Sponsors for their generous donations and the staff at the Don Hartman Sportsplex for their continuing support.

In closing, I would like to say to those traveling from out of town, from across Alberta, and beyond, we hope you enjoy your stay in Calgary. To all the athletes, we hope you have a fantastic weekend and best of luck in all your games!

Warmest Regards,

Mary Pelland
2022 LKC Tournament Chair



A MESSAGE FROM MAYOR GONDEK

On behalf of City Council and all Calgarians, welcome to the 27th Annual Lonnie Krahn Classic Ringette Tournament, hosted by the Calgary East Ringette Association!

This is an exciting time for ringette in Alberta, with 35 teams and 550 players from across the province competing here in Calgary. This weekend will bring friends and neighbours together as a community in the spirit of teamwork, fun, friendship, and competition. Ringette is one of the fastest games on ice and I know this tournament will inspire even more Calgarians to play.

Thank you to all the organizers and volunteers who enable this long-standing sporting tradition to continue. I am sending all the teams strength as they take on everything this weekend has to offer.

Have fun and play safe!

Sincerely,

Jyoti Gondek
Mayor of Calgary



Historic City Hall, 700 Macleod Trail S.E., Second Floor | Calgary, AB, Canada T2G 2M3 | P.O. Box 2100, Station M, #8069
themayor@calgary.ca





TOURNAMENT COMMITTEE

Chairperson **Mary Pelland**

Officials Scheduler **Kristi Eldridge**

And the best volunteers a tournament could ever have:

Eric Forst
Wendy Hetherington
Emily Hibbs
Lorraine Hibbs
Louisa Pelland
Lise Stradeski

Lonnie Krahn

Just another volunteer?

Ask the iconic Lonnie Krahn about how he got involved with volunteering for ringette, and he will tell you he just put his hand up at the wrong time. His daughter was only 5 years old and they needed someone to schedule the ice.

11 years later (2001), Lonnie steers his team to his first Provincial Championship. An impressive resume already includes four City Championships, Properties Ringette Association President for the last five years, Past President four years previous and coached the last nine years.

Spring of 1996, Lonnie and the Properties Ringette Association started the Properties Spring Classic Ringette Tournament in their new home, Don Hartman Northeast Sportsplex, and on the 10th anniversary, in the 2004-05 season the name was changed to the Lonnie Krahn Spring Classic

September of 2005 Governor General Norm Kwong presented Lonnie the Alberta Centennial Award. A well-deserved award as Lonnie had by this time coached ringette for 18 years and coached fastball for 14 years and tirelessly served on various boards and committees.

In the spring of 2012, Lonnie watched his grandson play his first of two years in ringette. It was a very emotional moment for Lonnie. This would also be the last year Lonnie would be actively organizing the Spring Classic and the following season, the tournament was moved to the fall and is now known as the Lonnie Krahn Classic.

In 2001 Lonnie was asked why he does it. He replies: "For the love of the game and the participants."



Lonnie with his daughter, Brandy Collins.



Tournament Schedule

by Division



All games will be played at Don Hartman North East Sportsplex at 5206 68 Street NE.

Division U12A

| Game # | Day | Start | End | Division | Home | Away | Arena |
|--------|----------|----------|----------|------------------|------------------------|------------------------|-------|
| 4 | Friday | 8:15 AM | 9:15 AM | U12A - Pool 1 | Airdrie Sting (Yellow) | Indus Warriors | West |
| 6 | Friday | 9:30 AM | 10:30 AM | U12A - Pool 2 | NorthWest U12A-2 | Strathmore Ice | West |
| 11 | Friday | 1:30 PM | 2:30 PM | U12A - Pool 1 | Indus Warriors | NW Riot | East |
| 13 | Friday | 2:45 PM | 3:45 PM | U12A - Pool 2 | Strathmore Ice | Lethbridge Rattlers | East |
| 26 | Saturday | 8:15 AM | 9:15 AM | U12A - Pool 1 | NW Riot | Airdrie Sting (Yellow) | East |
| 30 | Saturday | 11:00 AM | 12:00 PM | U12A - Pool 2 | Lethbridge Rattlers | NW Rage | East |
| 40 | Saturday | 6:00 PM | 7:00 PM | U12A SF2 | U12A - Pool 2 RR1 | U12A - Pool 1 RR2 | East |
| 42 | Saturday | 7:15 PM | 8:15 PM | U12A SF1 | U12A - Pool 1 RR1 | U12A - Pool 2 RR2 | East |
| 50 | Sunday | 9:45 AM | 11:00 AM | U12A - Final | Winner U12A - SF1 | Winner U12A - SF2 | East |
| 51 | Sunday | 11:15 AM | 12:15 PM | U12A Consolation | U12A - Pool 1 RR 3 | U12A - Pool 2 RR 3 | East |

Division U12B

| Game # | Day | Start | End | Division | Home | Away | Arena |
|--------|----------|----------|----------|------------|-------------------|-------------------|-------|
| 3 | Friday | 8:00 AM | 9:00 AM | U12B | BV Night Howlers | NW Cobras | East |
| 12 | Friday | 1:45 PM | 2:45 PM | U12B | NW Cobras | St. Albert Devils | West |
| 14 | Friday | 3:00 PM | 4:00 PM | U12B | BV Night Howlers | Indus Lightning | West |
| 27 | Saturday | 9:15 AM | 10:15 AM | U12B | Indus Lightning | St. Albert Devils | West |
| 35 | Saturday | 3:00 PM | 4:00 PM | U12B | Indus Lightning | NW Cobras | West |
| 37 | Saturday | 4:15 PM | 5:15 PM | U12B | St. Albert Devils | BV Night Howlers | West |
| 52 | Sunday | 11:30 AM | 12:45 PM | U12B Final | U12B - RR1 | U12B - RR2 | West |

Division U14A

| Game # | Day | Start | End | Division | Home | Away | Arena |
|--------|----------|---------|----------|------------|------------------|------------------|-------|
| 5 | Friday | 9:15 AM | 10:15 AM | U14A | NW Boom | Indus Rise | East |
| 19 | Friday | 7:00 PM | 8:00 PM | U14A | Indus Rise | Airdrie Shock | East |
| 20 | Friday | 7:15 PM | 8:15 PM | U14A | Cochrane Rockies | NW Boom | West |
| 25 | Saturday | 8:00 AM | 9:00 AM | U14A | Cochrane Rockies | Airdrie Shock | West |
| 38 | Saturday | 4:45 PM | 5:45 PM | U14A | Indus Rise | Cochrane Rockies | East |
| 43 | Saturday | 8:30 PM | 9:30 PM | U14A | NW Boom | Airdrie Shock | West |
| 57 | Sunday | 4:15 PM | 5:30 PM | U14A Final | U14A - RR1 | U14A - RR2 | West |

Division U16A

| Game # | Day | Start | End | Division | Home | Away | Arena |
|--------|----------|----------|----------|------------|-------------------|-------------------|-------|
| 8 | Friday | 10:45 AM | 12:00 PM | U16A | NW Grit | NW Matrix | West |
| 10 | Friday | 12:15 PM | 1:30 PM | U16A | Strathmore Rise | Spruce Grove Heat | West |
| 15 | Friday | 4:00 PM | 5:15 PM | U16A | NW Grit | Strathmore Rise | East |
| 22 | Friday | 8:30 PM | 9:45 PM | U16A | NW Matrix | Spruce Grove Heat | West |
| 28 | Saturday | 9:30 AM | 10:45 AM | U16A | Spruce Grove Heat | NW Grit | East |
| 32 | Saturday | 12:15 PM | 1:30 PM | U16A | Strathmore Rise | NW Matrix | East |
| 39 | Saturday | 5:30 PM | 6:45 PM | U16A Final | U16A - RR1 | U16A - RR2 | West |

Division U16B

| Game # | Day | Start | End | Division | Home | Away | Arena |
|--------|----------|----------|----------|------------------|------------------------|------------------------|-------|
| 7 | Friday | 10:30 AM | 11:45 AM | U16B - Pool 1 | Airdrie Sting (Blue) | NW Rage | East |
| 9 | Friday | 12:00 PM | 1:15 PM | U16B - Pool 2 | SC Adrenaline | Airdrie Sting (Yellow) | East |
| 16 | Friday | 4:15 PM | 5:30 PM | U16B - Pool 2 | Spruce Grove Revenge | SC Adrenaline | West |
| 18 | Friday | 5:45 PM | 7:00 PM | U16B - Pool 1 | Edmonton | NW Rage | West |
| 31 | Saturday | 12:00 PM | 1:15 PM | U16B - Pool 1 | Airdrie Sting (Blue) | Edmonton | West |
| 33 | Saturday | 1:30 PM | 2:45 PM | U16B - Pool 2 | Airdrie Sting (Yellow) | Spruce Grove Revenge | West |
| 41 | Saturday | 7:00 PM | 8:15 PM | U16B Consolation | U16B - Pool 1 RR3 | U16B - Pool 2 RR3 | West |
| 47 | Sunday | 7:45 AM | 9:15 PM | U16B SF2 | U16B - Pool 2 RR1 | U16B - Pool 1 RR1 | East |
| 48 | Sunday | 8:00 AM | 9:30 AM | U16B SF1 | U16B - Pool 1 RR1 | U16B - Pool 2 RR2 | West |
| 55 | Sunday | 2:00 PM | 3:30 PM | U16B Final | Winner U16B - SF1 | Winner U16B - SF2 | East |

Division U19A

| Game # | Day | Start | End | Division | Home | Away | Arena |
|--------|----------|----------|----------|------------|-----------------|-----------------|-------|
| 1 | Thursday | 6:45 PM | 8:00 PM | U19A | NW Rowdy | Airdrie Voltage | East |
| 17 | Friday | 5:30 PM | 6:45 PM | U19A | SC Cougars | NW Rowdy | East |
| 24 | Friday | 10:00 PM | 11:15 PM | U19A | NW Attack | Airdrie Voltage | West |
| 29 | Saturday | 10:30 AM | 11:45 PM | U19A | Airdrie Voltage | SC Cougars | West |
| 36 | Saturday | 3:15 PM | 4:30 PM | U19A | NW Rowdy | NW Attack | East |
| 45 | Saturday | 9:45 AM | 11:00 PM | U19A | NW Attack | SC Cougars | West |
| 49 | Sunday | 9:45 AM | 11:15 AM | U19A Final | U19A - RR1 | U19A - RR2 | West |

Division U19B

| Game # | Day | Start | End | Division | Home | Away | Arena |
|--------|----------|----------|----------|------------------|-------------------|------------------------|-------|
| 2 | Thursday | 8:15 PM | 9:30 PM | U19B - Pool 1 | NW Sirens | Cochrane Rockies | East |
| 21 | Friday | 8:15 PM | 9:30 PM | U19B - Pool 2 | NW Aces | Indus Lightning | East |
| 23 | Friday | 9:45 PM | 11:00 PM | U19B - Pool 1 | NW Strike | NW Sirens | East |
| 34 | Saturday | 1:45 PM | 3:00 PM | U19B - Pool 2 | NW Aces | Airdrie Sting (Yellow) | East |
| 44 | Saturday | 8:30 PM | 9:45 PM | U19B - Pool 1 | Cochrane Rockies | NW Strike | East |
| 46 | Saturday | 10:00 PM | 11:15 PM | U19B - Pool 2 | Indus Lightning | Airdrie Sting (Yellow) | East |
| 53 | Sunday | 12:15 PM | 1:45 PM | U19B SF2 | U19B - Pool 2 RR1 | U19B - Pool 1 RR2 | East |
| 54 | Sunday | 1:00 PM | 2:30 PM | U19B SF1 | U19B - Pool 1 RR1 | U19B - Pool 2 RR2 | West |
| 56 | Sunday | 2:45 PM | 4:00 PM | U19B Consolation | U19B Pool 1 RR3 | U19B Pool 2 RR3 | West |
| 58 | Sunday | 5:15 PM | 6:45 PM | U19B Final | Winner U19B - SF1 | Winner U19B - SF2 | East |



| U12A Pool 1 | Airdrie Sting (Yellow) | Indus Warriors | NW Riot | TOTAL WINS / SCORE |
|------------------------|------------------------|----------------|---------|--------------------|
| Airdrie Sting (Yellow) | | | | |
| Indus Warriors | | | | |
| NW Riot | | | | |

Semi-Final 1 : _____ VS _____

Semi-Final 2 : _____ VS _____

Consolation : _____ VS _____

| U12A Pool 2 | NW Rage | Strathmore Ice | Lethbridge Rattlers | TOTAL WINS / SCORE |
|---------------------|---------|----------------|---------------------|--------------------|
| NW Rage | | | | |
| Strathmore Ice | | | | |
| Lethbridge Rattlers | | | | |

Semi-Final 1 : _____ VS _____

Semi-Final 2 : _____ VS _____

Consolation : _____ VS _____

| U12B | BV Night Howlers | Indus Lightning | NW Cobras | St. Albert Devils | TOTAL WINS / SCORE |
|-------------------|------------------|-----------------|-----------|-------------------|--------------------|
| BV Night Howlers | | | | | |
| Indus Lightning | | | | | |
| NW Cobras | | | | | |
| St. Albert Devils | | | | | |

Final : _____ VS _____

| U14A | Airdrie Shock | Indus Rise | Cochrane Rockies | NW Boom | TOTAL WINS / SCORE |
|------------------|---------------|------------|------------------|---------|--------------------|
| Airdrie Shock | | | | | |
| Indus Rise | | | | | |
| Cochrane Rockies | | | | | |
| NW Boom | | | | | |

Final : _____ VS _____

| U16A | Spruce Grove Heat | NW Matrix | NW Grit | Strathmore Rise | TOTAL WINS / SCORE |
|-------------------|-------------------|-----------|---------|-----------------|--------------------|
| Spruce Grove Heat | | | | | |
| NW Matrix | | | | | |
| NW Grit | | | | | |
| Strathmore Rise | | | | | |

Final : _____ VS _____

| U16B Pool 1 | Airdrie Sting (Blue) | NW Rage | Edmonton | TOTAL WINS / SCORE |
|----------------------|----------------------|---------|----------|--------------------|
| Airdrie Sting (Blue) | | | | |
| NW Rage | | | | |
| Edmonton | | | | |

Semi-Final 1 : _____ VS _____

Semi-Final 2 : _____ VS _____

Consolation : _____ VS _____

| U16B Pool 2 | SC Adrenaline | Airdrie Sting (Yellow) | Spruce Grove Revenge | TOTAL WINS / SCORE |
|------------------------|---------------|------------------------|----------------------|--------------------|
| SC Adrenaline | | | | |
| Airdrie Sting (Yellow) | | | | |
| Spruce Grove Revenge | | | | |

Semi-Final 1 : _____ VS _____

Semi-Final 2 : _____ VS _____

Consolation : _____ VS _____

| U19A | NW Rowdy | NW Attack | Airdrie Voltage | SC Cougars | TOTAL WINS / SCORE |
|-----------------|----------|-----------|-----------------|------------|--------------------|
| NW Rowdy | | | | | |
| NW Attack | | | | | |
| Airdrie Voltage | | | | | |
| SC Cougars | | | | | |

Final : _____ VS _____

| U19B Pool 1 | Cochrane Rockies | NW Sirens | NW Strike | TOTAL WINS / SCORE |
|------------------|------------------|-----------|-----------|--------------------|
| Cochrane Rockies | | | | |
| NW Sirens | | | | |
| NW Strike | | | | |

Semi-Final 1 : _____ VS _____

Semi-Final 2 : _____ VS _____

Consolation : _____ VS _____

| U19B Pool 2 | NW Aces | Airdrie Sting (Yellow) | Indus Lightning | TOTAL WINS / SCORE |
|------------------------|---------|------------------------|-----------------|--------------------|
| NW Aces | | | | |
| Airdrie Sting (Yellow) | | | | |
| Indus Lightning | | | | |

Semi-Final 1 : _____ VS _____

Semi-Final 2 : _____ VS _____

Consolation : _____ VS _____

U12A

Airdrie Sting (Yellow)

- 16 Coral Burt
- 17 Ashley Hall
- 18 Olivia Schultz
- 19 Mila Lerat
- 20 Wren Berger
- 21 Morgan Schultz
- 22 Lyla Holland
- 23 Tayla Connolley
- 24 Ella Bisschop
- 25 Lilliana Rappel
- 26 Ivy Ganes
- 27 Josie Papp
- 27 Kenzie Crawford
- 28 Green Williams
- 29 Reece Jensen

Head Coach: Tanya Reisnek
Manager: Alanna Berger
 Asst. Coach: Cortney Ganes
 Asst. Coach: Kevin Rappel
 Asst. Coach: Kelie Risdon

NW Riot

- 3 Mady Dyck
- 4 Taylor Kress
- 5 Taylor Becker
- 6 Ava Clare
- 7 Eirlyn Weeres
- 8 Julianna Wind
- 10 Ashlynn Gibbs
- 11 Madelynn Gibbs
- 12 Jenna Hansen
- 14 Olivia Ector
- 15 Lily-Anne Fortin
- 16 Abby Makin
- 21 Ayva Pittis

Head Coach: Stacey Clare
Manager: Jen Becker
 Asst. Coach: Todd Makin
 Asst. Coach: Stef Wind
 Asst. Coach: Kristin Kress

Indus Warriors

- 2 Sylvie Merkley
- 4 Alexandra Osmond
- 5 Ellie Laidlaw
- 7 Lea Mullen
- 8 Kennedy Trousdale
- 10 Berkley Lilljord
- 11 Alexandra Skene
- 12 Emma Connelly
- 15 Katelyn Ilsley
- 16 Mackenna Da Costa
- 19 Anam Sahota
- 20 Mackenzie Campbell
- 26 Sadie Turner

Head Coach: Anya Trousdale
Manager: Holly Turner
 Asst. Coach: Rob Ilsley
 Asst. Coach: Blair Lillejord
 Asst. Coach: Satvir Sahota
 Goalie Trainer: Troy Da Costa

Strathmore Ice Invaders

- 1 Mette Johansen
- 3 Braydee Heer
- 4 P.J. Manuell
- 5 Avery Clark
- 6 Eden Terry-DuBourdieu
- 7 Haylee Lausen
- 8 Locklyn Hayes
- 9 Kalie Croft
- 10 Hayden Paschal
- 11 Hayden Darago
- 12 Kaylee Lester
- 14 Cabri Jensen
- 15 Kenlee Bridger
- 16 Hayley Arsenaault
- 17 Jordyn Innes
- 18 Timbree Desmet

Head Coach: Ardith Lester
Manager: Renee Dubourdieu
 Asst. Coach: Willie Darago
 Asst. Coach: Martin Croft
 Asst. Coach: Kevin Paschal
 Jr. Coach: Summer Crosson
 Jr. Coach: Raegan McLoad

Lethbridge Rattlers

- 7 Harper Lynch
- 8 Ashton Boxer
- 9 Raye-Anne Mills
- 10 Beth Shenton
- 11 Aubree Burton
- 12 Julia Boyle
- 13 Parnelle Jonker
- 14 Kaia Parks
- 15 Anna Richter
- 17 Natalie Johnston
- 18 Siena Mauro
- 22 Gracelyn Friel

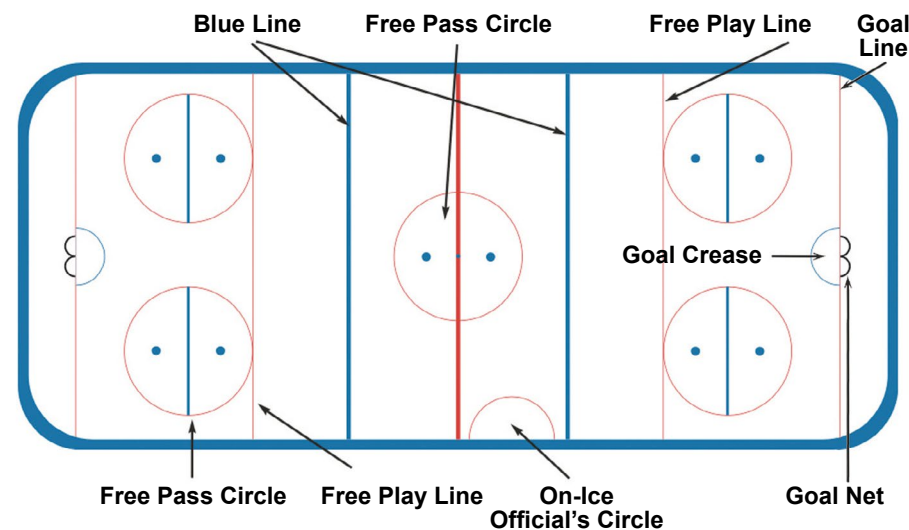
Head Coach: Kurt Parks
Co-Manager: Kelly Dinsmore
Co-Manager: Ashley Lynch
 Asst. Coach: Ryan Boyle
 Asst. Coach: Aimee Boxer
 Asst. Coach: PJ Lynch
 Trainer: Rob Burton

NW Rage

- 3 Tessa Lister
- 4 Charlotte Gratton
- 5 Karis Cripps
- 6 Keira Early
- 7 Erica Storey
- 8 Georgia Lambe
- 9 Jade Matheos
- 10 Evangeline Lok
- 11 Ashtyn Rushfeldt
- 12 Aida Shepherd
- 13 Kate Gervis
- 14 Mayeve Hargreaves
- 15 Sonya Hirani

Head Coach: Danielle Hargreaves
Manager: Erin Cripps
 Asst. Coach: Ben Gratton
 Asst. Coach: Derek Matheos
 Asst. Coach: Kate Shepard

Ringette Rink Markings



U12B

Bow Valley Night Howlers

- 18 Aliya Cooke
- 19 Sasha Pereira
- 22 Mackenzie Heaslip
- 23 Amira Lee
- 24 Evi Johnson
- 25 Emma Bennett
- 26 Dana Mitchell
- 27 Chloe Tyson
- 28 Carrera Yokesty
- 29 Macie Dickie
- 31 Quinn Wambott
- 32 Rebecca Wall
- 33 Emery Bomersback

Head Coach: Reagan Tyson
Manager: Erica Heaslip
 Asst. Coach: Erin Bemett
 Asst. Coach: Loane Wombott
 Trainer: Pete Johnson
 Trainer: Craig Wall

NW Cobras

- 2 Ali Newman
- 3 Sophie Van Orman
- 4 Rachel Burke
- 5 Lillian Denny
- 7 Ella Bahry Brown
- 8 Stephanie Wills
- 9 Rudey Rose
- 11 Syah Gouthro
- 13 Jaelyn Campbell
- 14 Violet Denton
- 15 Maya Randhawa
- 16 Sage Bettsworth
- 27 Josie Stephenson
- 29 Reese McDougall

Head Coach: Debbie Curke
Manager: Ayako Newman
 Asst. Coach: Aimee Daunhauer
 Asst. Coach: Brian Denny

Indus Lightning

- 1 Trista Macdonald
- 3 Evelyn Woodward
- 5 Kailee Leggett
- 6 Allie Niergarth
- 9 Grace Keehn
- 10 Korie Kappel
- 14 Alivia Massey
- 19 Jayda Durksen
- 20 Evelyn Charron
- 21 Cassie Morin
- 28 January Ziemann
- 29 Isabella Watkins
- 50 Ariel Lamb

Head Coach: Kelly Watkins
Manager: Darcy Kappel
 Asst. Coach: Kayce Macdonald
 Asst. Coach: Brad Leggett
 Asst. Coach: Chris Niergarth

St. Albert Devils

- 1 Hattie Mitchell
- 2 Lilly Highes
- 3 Mila Wolff
- 4 Annaka Bartucci
- 5 Daley McPherson
- 6 Kamryn Stiles
- 7 Sophie Randall
- 8 Brielle Rokosh
- 10 Adrianna Touv
- 11 Anna Rokosh
- 12 Emily Seeman
- 13 Genevive Stephen
- 14 Athena Bennett
- 31 Alexis Carey

Head Coach: Chris Barticci
Manager: Lia Wolff
 Asst. Coach: Meridith Randall
 Asst. Coach: Sean Carey
 Asst. Coach: Iain Hughes

U14A

Airdrie Shock

- 2 Isla Nash
- 3 Felicity Thompson
- 4 Maya Overdulse
- 5 Emily Rodgers
- 6 Emma Morabito
- 7 Lauren Flaman
- 8 Kiarra Sikorski
- 9 Lauren Wilde
- 10 Raegan McKnight
- 11 Paige Jensen
- 12 Briar Sturby
- 13 Eva Kraft
- 14 Madison Moore
- 15 Elisha Neill
- 31 Hailey Poile

Head Coach: Scott Flaman
Manager: Laura Poile
 Asst. Coach: Drew McKnight
 Asst. Coach: Crystal Morabito
 Asst. Coach: Sarah Thompson
 Trainer: Tammy McKnight

Indus Rise

- 2 Abby Sorensen
- 4 Izabella Zurch
- 6 Eve Loisselle
- 8 Kate Lechelt
- 9 Rachel Gliener
- 10 Sophie Mulholland
- 11 Kalia Vigen
- 12 Kenzie Millard
- 14 Leah Scott
- 15 Jordyn Vigen
- 17 Poppy Arbez
- 27 Megan Diggie
- 31 Sydney Mullen (G)

Head Coach: Alison Massey
Manager: Charlotte Harris
 Asst. Coach: Mike Harris
 Asst. Coach: Stephanie Nielson
 Asst. Coach: Curtis Tower
 Trainer: Kyle Lester

Cochrane Rockies

- 6 Brynn Lowe
- 7 Kamryn Poffenroth
- 8 Olivia Jermy
- 9 Susanna Weatherill
- 10 Sophie Colameco
- 11 Pavelle Smith
- 12 Landree Brown
- 14 Lexie Martyn
- 15 Nora Leinenweber
- 19 Elizabeth Harvey
- 20 Eleanor Heintz

Head Coach: Deanne Martyn
Manager: Serena Heintz
 Asst. Coach: Tim Smith
 Asst. Coach: Colin Harvey
 Jr. Coach: Erica Rott

NW Boom

- 2 Adelynn Sweet
- 3 Ashlyn Toth
- 4 Raela Coffyne
- 5 Makayla Fraser
- 7 Chloe Page
- 9 Amelie Rivard
- 11 Anna Makin
- 12 Sydnee Rivard
- 14 Cameron Tym
- 16 Reese Stefanowski
- 22 Avery Murphy
- 31 Maiya Aubin-Vilorio

Head Coach: Robyn Fraser
Manager: Cara Toth
 Asst. Coach: Derek Coffyne
 Asst. Coach: Simon Rivard
 Asst. Coach: Dylan Sweet

U16A

NW Grit

- 1 Myah Burrows
- 2 Lauren Chesla
- 3 Robin Boswell
- 5 Elsa Shepherd
- 7 Anna Johns
- 8 Rebecca Carley
- 9 Chelsea Pangracs
- 10 Brielle Buchinski
- 11 Kennedy Murphy
- 13 Ryleigh MacNeill
- 14 Isabelle Pallan
- 15 Niamh Murphy
- 18 Carly Bertulli
- Shaylee Simard

Head Coach: Chelanne Murphy
Manager: Erinn Johns
 Asst. Coach: Jeff Boswell
 Asst. Coach: Kate Shepard
 Asst. Coach: Paige Simmard
 Asst. Coach: Pat Carley

Spruce Grove Heat

- 1 Danika Samardzic
- 2 Hadya Lynes
- 3 Morgan Gould
- 4 Carra Lenderbeck
- 5 Claire Colameco
- 8 Danielle Walker
- 10 Sadie Settle
- 11 Nova Nichols
- 12 Brooklyn Ouellette
- 16 Zayla Steil
- 17 Kira Ible
- 18 Lucy Maskalyk
- 19 Makenna McGrogan
- 20 Nolani Molyneaux
- 22 Nyah Jarratt
- 34 Brooke Fels
- 35 Elly Gorgichuk

Head Coach: Kelly Ible
Manager: Vicki Colameco

NW Matrix

- 4 Payton Aitken
- 9 Zoe Sims
- 10 Rebecca Reynolds
- 11 Amber Frigon
- 12 Errigal Kostick
- 13 Cassidy Reitbauer
- 14 Cassidy Budgell
- 15 Jenna Hall
- 16 Sophie Bouma
- 21 Colbie Cardinal
- 23 Alyssa McGahey
- 24 Danika Brabec
- 28 Amanda Wilde
- 31 Gwen Walker

Head Coach: Alex Bouma
Manager: Wendy Reynolds
 Asst. Coach: Tim Reitbauer
 Asst. Coach: Heidi Kostick
 Asst. Coach: Ross Aitken

Strathmore Rise

- 2 Mateya Molina
- 3 Ella Brockman
- 7 Aspen Moore
- 8 Brooklyn Connelly
- 9 Amber McNair
- 10 Raegan MacLeod
- 11 Siena Armstrong
- 12 Taryn Phillips
- 13 Hailey Smith
- 14 Avery Koole
- 15 Brooke Mohr
- 16 Kenzie Campbell
- 17 Addison Innes
- 19 Alexis Wartman
- 31 Maria Betke

Head Coach: Jaime Rainey
Manager: Robin Macleod
 Asst. Coach: Derek Innes
 Asst. Coach: Sonny Warrack
 Asst. Coach: Steven Wartman

THE RINGETTE STORE

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U16B

Airdrie Sting (Blue)

- 22 Carlie Lower
- 27 Ava Lang
- 30 Alexis Oree
- 34 Paige Ashworth
- 35 Taylor Childs
- 37 Isabelle Papp
- 38 Emily Lau
- 39 Paeton Heck
- 40 Georgia Holland
- 41 Brooklyn Rodgers
- 42 Kiki McCarthy
- 43 Ella Strang
- 44 Ellie Roblin
- 45 Aidan Kernaghan

Head Coach: Clayton Heck
Manager: Maureen Rodgers
 Asst. Coach: Braeden Huppe

Spruce Grove Revenge

- 3 Sydney Haydaman
- 4 Hailey Janzen
- 5 Rhyen Ethier
- 8 Braydi Klutz
- 9 Samantha Ali
- 10 Kennedy Martin
- 11 Raine Poelzer
- 15 Julia Bradley
- 17 Mylo Lyons
- 18 Isabelle Kennedy
- 20 Kendra Sutherland
- 21 Emma Becker
- 22 Myah Wong
- 31 Asya Whitford
- 34 Sam Yaremchuk
- 35 Eden Linton
- 36 Morgan Oster

Head Coach: Shelly Oster
Manager: Jody Sutherland
 Asst. Coach: Serge Ethier
 Asst. Coach: Curtis Haydaman
 Asst. Coach: Kelly Janzen
 Asst. Coach: Stu Becker
 Asst. Coach: Fenna Poelzer
 Asst. Coach: Mya Becker

Airdrie Sting (Yellow)

- 16 Anika Etzel
- 17 Madison Parfitt
- 18 Angelique MacDonald
- 19 Samantha Bigelow
- 20 Brooklynne Henwood
- 21 Jayden James
- 22 Keara Moore
- 23 Molly Forsyth
- 24 Rheanna Henwood
- 25 Penelope Pawsey
- 26 Hailey Kanda
- 28 Johnny Stewart
- 29 Chloe Bigelow
- 31 Caitlynn Osborne

Head Coach: Jenaya Stewart
Manager: Dominique MacDonald
 Asst. Coach: Michelle James
 Asst. Coach: Derek Bigelow
 Asst. Coach: Derrick Moore

SC Adrenaline

- 3 Alivia Baht
- 4 Eliza Ayres
- 5 Georgia Ruddell
- 6 Cassidy Park
- 7 Jenna Cook
- 8 Ruby Watts
- 9 Poppy Nyitrai
- 10 Myla Tawiah
- 11 Adrianna Roznicki
- 12 Rowan Flexhaug
- 13 Tala McCulloch
- 15 Rachel McMillan
- 17 Elyse Graham
- 30 Abigail Breitenstein

Head Coach: Garth Ayres
Manager: Wendy Cook
 Asst. Coach: Andrew Watts
 Asst. Coach: Dan Breitenstein

Edmonton

- 1 Lydia Friel
- 2 Sophie Mulholland
- 4 Jade Smith
- 5 Brooklyn Chapman
- 7 Isla Royan
- 8 Kate Lechelt
- 10 Wynter Woolley
- 11 Lila Schiller
- 19 Azra Ialji
- 20 Kalia Vigen
- 24 Erika Marchand
- 27 Megan Diggle
- 29 Izabella Zurch
- 32 Ella Glassford
- 33 Casey House

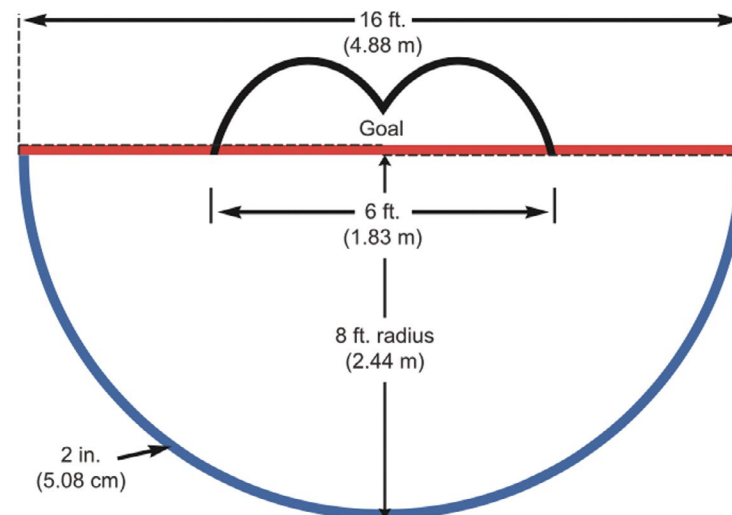
Head Coach: Tanya Orr
Manager: Katie Vigen
 Asst. Coach: Rebecca Royan
 Asst. Coach: Rezika Zurch
 Asst. Coach: Denny Chapman

NW Rage

- 2 Erin Selin
- 3 Evelyn Silkin
- 4 Priya Chahal
- 5 Lily O'Neill
- 8 Annika Bisson
- 9 Kira Thompson
- 10 Julia Ayotte
- 11 Daniella Engelbracht
- 12 Kiera Storer
- 14 Katelyn Verweire
- 15 Ava Lawrick
- 18 Emily Rolschau Elliot
- 20 Samantha Savoia
- 22 Rowan Smith
- 31 Aidan Murphy

Head Coach: Ahren Engelbracht
Manager: Christina Todd-Savnia
 Asst. Coach: Jenn Silkin
 Asst. Coach: Adam Verweire

Goal Net & Crease



U19A

Airdrie Voltage

- 2 Rachael Stewart
- 3 Cassie Vaillancourt
- 4 Alexa Leblond
- 5 Shae Sturby
- 6 Madie Schiffner
- 8 Josie Powers
- 9 Keira McCarthy
- 11 Morgan Currie
- 14 Aggie Baker
- 17 Emma Dick
- 18 Claire Kusler
- 19 Carli Miller
- 21 Ava Campbell
- 22 Navee Oosterveld

Head Coach: Liz Kusler
Manager: Kyle Stewart
 Asst. Coach: Terra Currie
 Asst. Coach: Danelle Oosterveld
 Asst. Coach: Amanda Miller
 Trainer: Laurie-Ann Baker

NW Attack

- 1 Raegan Hatch
- 2 Marika Okubo
- 3 Brianna Dittmer
- 4 Lauren Zajdlík
- 5 Tai Thompson
- 7 Kylie Williams
- 8 Brynn Affleck
- 9 Emelia Drouin
- 10 Katie Daunhauer
- 11 Rachel Morrison
- 12 Kenadie Reitbauer
- 19 Chelsea Van Diepen
- 21 Elexi Frigon
- 34 SolahLussier
- 37 Elise Fawcett

Head Coach: Carrie Williams
Manager: Suzanne Hatch
 Asst. Coach: Lauren Stanley
 Asst. Coach: Dave Zajdlík
 Asst. Coach: Daniel Frigon
 Trainer: Michelle Affleck

NW Rowdy

- 2 Anna Obrien
- 3 Reano Coffyne
- 4 Ayla Ventura
- 5 Grace Stappler
- 7 Natalie Potter
- 8 Jordan Desrosiers
- 9 Sara Graham
- 11 Brenna Murray
- 12 Gabriella Legault
- 13 Natalie Paquette
- 14 Shea Kent
- 15 Hayden Ventura
- 16 Shayna Folstrom
- 19 Annika Russell
- 31 Teagan Pennoyer
- 34 Charlotte Stappler

Head Coach: Tanya Graham
Manager: Sonya Ventura
 Asst. Coach: Rod Pennoyer
 Asst. Coach: Curtis Stappler

SC Cougars

- 1 Janae Althen
- 2 Gabi Travers
- 3 Magda Mysak
- 4 Breanne McQuay
- 5 Taryn Foord
- 6 Roxy Roulston
- 7 Teyah Braithwaite
- 8 Ellie Reynar
- 10 Marika Goosens
- 11 Mia Niro
- 12 Hannah Perejma
- 13 Trinity Rose
- 14 Sarah Ackerman
- 16 Sophia McMurren
- 17 Ameya Acharya
- 18 Elia Park
- 31 Brook Vadori

Head Coach: Barry McQuay
Manager: Jory Gammie
 Asst. Coach: Andrea Ackerman
 Asst. Coach: Parker Foord
 Asst. Coach: Gary McMurren

RINGETTE FAST FACTS:

Ringette History... Did you know?

- Ringette is a Canadian invention.
- Ringette was invented in 1963, in North Bay, Ontario by Sam Jacks, the same person who introduced floor hockey to the world (1936).
- Canada-wide there are currently over 25,000 thousand registered players on over 2,000 teams.
- There are over 2,400 ringette officials registered in Canada.
- Over 6,500 men and women coach ringette across Canada.
- Although Ringette is predominantly played by females, over 600 males also participate across the country.
- Ringette is played world-wide in countries including Finland,

Sweden, the United States, Japan, Australia, Germany, New Zealand, France, Slovakia, and the Czech Republic – and the sport continues to grow.

- Since 1990 a world ringette championship has been held every year.
- Canada and Finland hold the record number of championships
- There is a Ringette Hall of Fame recognizing outstanding achievement in the sport and contributions to its development.
- The Canada Winter Games have hosted a ringette tournament since 1991.
- Since 1971 a Canadian ringette championship has taken place across the country.



Airdrie Sting (Yellow)

- 1 Jenny Johnston
- 2 Leah Weech
- 5 Avery Fleck
- 8 Lydia Englot
- 10 Jennie Krukowski
- 12 Kaitlyn Thompson
- 13 Jaidyn Chalmers
- 14 Kendra Wegener
- 15 Mikka Weigum
- 16 Sydney Zulinick
- 17 Andrea Fortier
- 21 Madison Poile
- 27 Gemma Hoover

Head Coach: Greg Polie
Manager: Tracy Wegener
 Asst. Coach: Barry Johnston
 Asst. Coach: Kurt Weech

NW Sirens

- 2 Kyenna Morin
- 3 Reegan Marshall
- 4 Keira Krenzel
- 5 Isabelle Beatty
- 7 Madeline Gunn
- 8 Ashley Werbicki
- 9 Liv Meckelborg
- 10 Kennedy Elliott
- 11 Kaitlyn Horkoff
- 12 Sarah Olson
- 13 Isabel Tackney
- 14 Bridgit Muir
- 15 Hayden Leppert
- 20 Mitch Farrekk
- 23 Sydney Kelm
- 31 Sylvia Vega

Head Coach: Karen Marshall
Manager: Nathalie Vega
 Asst. Coach: Kelsey Krenzel
 Asst. Coach: Jill Olson
 Asst. Coach: Paddy Marshall

Cochrane Rockies

- 4 Joelle Kohtala
- 5 Eva Swan
- 6 Katie Peacock
- 7 Oliva O'Kranczy
- 8 Addison Wennekamp
- 9 Abygale Harvey
- 10 Megan Merrells
- 12 Cadence West
- 13 Marsh (Bella Mae) Degagne
- 15 Jayden Boyd
- 16 Mackenzie Boyd
- 17 Erica Rott
- 18 Bronwyn Bergen
- 19 Quinn Cherverie
- 31 Mercury (Amelia) Lawes

Head Coach: Colin Harvey
Manager: Shannon Knight
 Asst. Coach: Elton Lawes
 Asst. Coach: Ryan Wennekamp
 Asst. Coach: Teresa Merrells
 Trainer: Elton Lawes

NW Strike

- 2 Saige Staseson
- 3 Markita Conte
- 4 Amanda Russell
- 5 Keaya Buchinski
- 7 Thea Gromack
- 8 Mackenzie Hewitt
- 9 Evelyn Gibbs
- 10 Jayden Albizzati
- 11 Carys Hill
- 12 Paige Kozicki
- 13 Jessica Eldred
- 14 Zoe Burt
- 15 Maya Labelle
- 17 Cadence Kane
- 31 Sophia Smith

Head Coach: Alan Gibbs
Co-Manager: Jody Williams
Co-Manager: Tracy Dalton
 Asst. Coach: Rob Smith
 Asst. Coach: Jon Staseson

Indus Lightning

- 1 Delaney Hassett
- 3 Kali New
- 6 Rennie Doiron
- 11 Caley Butler
- 12 Cloey Butler
- 14 Ashely Lombardo
- 16 Abby Henry
- 17 Cadence Norn
- 20 Kierra Elson
- 21 Myah Sawatzky
- 23 Avery Engleson
- 25 Celina Morin
- 27 Jaelyn New
- 29 Erika Howes
- 9 Alex Mikes
- 18 Abbie Skeen (AP)
- 22 Kyler Millard (AP)
- Alexis Mikes (AP)
- Brooklyn Connelly (AP)
- Ella Broockman (AP)
- Kinsley McHattie (AP)
- Mateya Molin (AP)

Head Coach: Ray New
Manager: Lorna Engleeson
 Asst. Coach: Don Morin
 Asst. Coach: Ryan Sawatzky
 Goalie Coach: Doug Hassett

NW Aces

- 2 Maya Jina
- 3 Kaelin Jackson
- 4 Brooke McDavid
- 5 Kaila Doiron
- 7 Skykla Earl
- 8 Emma McGillivray
- 9 Avery Hayes
- 10 Sarah Peterson
- 11 Kaitlyn Cochran
- 12 Kaitlin Bowes
- 13 Jade Ditner
- 14 Natalie Savoia
- 15 Kristen Zieglgansberger
- 17 Mackenna Rushfeldt
- 20 Anna Nelson
- 31 Catherine Carbet

Head Coach: Trevow Cochran
Manager: Kim Doiron
 Asst. Coach: Jill McDavid
 Asst. Coach: Danielle Nelson
 Asst. Coach: Carle Earl

Sam Jacks

A man called Sam Jacks invented ringette.
 Jacks came to Canada from Scotland in 1920.
 He became a sports director in North Bay, Ontario.
 There were many outdoor skating rinks in the small town.
 The boys were active, but girls did not play hockey.
 Jacks wanted girls to play a game on ice, too.
 So, he invented a skating game for girls.
 Ringette is born.
 At first, the girls cut off the ends of old hockey sticks.
 They used a hollow rubber ring instead of a hockey puck.
 Slowly Jacks made rules.
 He called the game "ringette".

In 1963 in Ontario, girls played the first ringette game.
 Now players use a straight stick with a special tip.
 They pass and shoot the ring to score points or goals.
 A safe team sport.
 Ringette is a very fast game.
 A player must pass the ring across a blue line
 to move it down the ice.
 This teaches teamwork.
 Ringette is a non-contact sport.
 No one can tackle another player.
 A player wears pads, gloves and a helmet.
 All players learn about safety on the ice.

Tournament Rules

1. The official rules of **Ringette Canada** will apply.
2. In the case of conflict in uniform color, the **VISITING** team must change their uniforms.
3. In medal games, the higher place team shall be the **HOME** team.
4. Teams must declare **Goaltender(s), Captains** and **Alternate Captains** on the game sheet by indicating **(G), (C), (AC)**.
5. Good sportsmanship and fair play will be stressed throughout the tournament.
6. Any **TEAM** accumulating **MORE THAN 30 Penalty Minutes in any ONE (1) GAME**, shall see the Head Coach or acting Head Coach from that game suspended for their next tournament game. No grievances will be accepted.
7. A **MATCH penalty** will automatically result in suspension from all subsequent tournament games.
8. Game scores will be displayed on the time clock, posted in arenas, and recorded for tie breaking procedures, with a **MAXIMUM SEVEN GOAL** difference.
9. Teams using affiliates are required to strike the names of players who are not participating in a game from the gamesheet to ensure proper verification. When using an affiliate the name(s) of the player(s) and their jersey number must be written in the appropriate space on the gamesheet, marked with **(AP)** for **Affiliate Player** and **(AG)** for **Affiliate Goalie**.

From the Ringette Alberta 5.0 – Player Affiliation Policy.

AFFILIATING a COMBINATION of SKATERS and A GOALTENDER

5.4.9 When affiliating a combination of skaters (defence, forwards and/or centers) and one (1) goaltender for participation in a game:

5.4.9.1 A maximum of 12 competitors: eleven (11) skaters and one goalie may be 'dressed' and listed on a team's game sheet; 5.4.9.2 A maximum of 13 competitors (11 skaters and 2 goaltenders) may be dressed for a game where a team dresses two goalies, one of which is an affiliate goaltender, subject to clause 5.4.8

10. **Teams must be ready to go on ice ten (10) minutes before the scheduled game time.** Teams not iced within two (2) minutes of the referee's whistle being blown to start the game will forfeit the game. However, the game will be played as an exhibition game and the score recorded as 4-0. The penalty for not playing a game is forfeiture of position in the Round Robin standings.
11. All players must be from one team and must be registered as a member of that team with the applicable Provincial or Zone governing body. Teams who play an ineligible player will have the actual result of the affected game(s) cancelled. The affected game(s) will be recorded as 4-0 score in favour of the team(s) **not** playing an ineligible player.
12. Overage players will only be allowed if they are registered with the participating team. Teams must follow Ringette Alberta Overage Player Policy.
13. All teams **MUST** sign in and pick up a Coach's Package at the Tournament's arena control desk at the Don Hartman North East Sportsplex prior to their first scheduled game.
14. **Score sheets** are to be picked up at the Tournament's arena control desk. They are to be completed or verified and signed by the coach at least fifteen (15) minutes prior to game time and returned to the control desk.
IMPORTANT: Please bring your own team labels for scoresheets as we will NOT supply printed scoresheets and cannot guarantee pre-printed labels.
15. Any team that leaves the ice, or calls a game will be suspended from all further play in the tournament, including the awarding of medallions.
16. Thirty second (30 sec) shot clocks will be used in U12 and older Divisions in this Tournament.
17. Any team wishing to file a protest may do so by submitting their request in writing, along with \$200, to the Tournament Committee. Notification of a protest must be received within one hour of the incident occurring to enable sufficient time to deal with the protest.
18. A grievance committee will meet to deal with any protests received. (If the protest is upheld the \$200 will be refunded). No game protests involving referee judgement will be accepted. **THE REFEREE'S DECISION SHALL BE FINAL.**

Games Duration and Format:

IMPORTANT: Officials have been instructed to drop the clock to 2 minutes "Stop Time" when there is 5 minutes left in ice time for Round Robin games only. Clock will not be dropped for Final games.

U12 & U14: Two (2) periods of 18 minutes stop time with shot clock play. Top 2 teams in each division standing will participate in medal game.

U16 and above: Two (2) periods of 23 minutes stop time with shot clock play. Top 2 teams in each division standing will participate in medal game.

Half-time break will be 2 minutes running time.

Round Robin Team Standing Rules

POINT STRUCTURE

Teams receive two (2) points for a win, one (1) point for a tie, and no (0) points for a loss. At the completion of round robin play, teams will be ranked according to the total points in all games played.

Breaking of Ties in Team Standings

*Note: Regardless of game score, only a **SEVEN** goal difference will be applied*

When two or more teams have an equal number of points after round robin play, the teams will be ranked according to the following rules:

- A. The winner of more game(s) between each other during the round robin will be declared the highest position.
- B. If still tied, teams shall be ranked according to the difference between goals for and against in games between the tied teams in round robin play. The team with the highest positive difference shall be ranked highest, the team with the second highest positive difference shall be ranked next, the team with the third highest positive difference shall be ranked next, etc.
- C. If still tied, teams shall be ranked according to the least goals against in games between the tied teams in round robin play. The team with the least goals against shall be declared the highest position, the team with the second least goals against shall be next, the team with the third least goals against shall be next, etc.

- D. If still tied, teams shall be ranked according to the difference between goals for and against in all games played in the round robin. The team with the highest positive difference shall be ranked highest, the team with the second highest positive difference shall be ranked next, the team with the third highest positive difference shall be ranked next, etc.
- E. If still tied, teams shall be ranked according to the least goals against in all games played in the round robin. The team with the least goals against shall be declared the highest position, the team with the second least goals against shall be next, the team with the third least goals against shall be next, etc.
- F. If still tied, teams shall be ranked according to the highest ratio of goals for divided by the sum of goals for plus goals against for games between the tied teams in round robin play. The team with the highest ratio shall be ranked highest, the team with the second highest ratio shall be ranked next, the team with the third highest ratio shall be ranked next, etc.

$$\frac{\text{Total goals for} + \text{Total goals against}}{\text{Total goals against}}$$

- G. If still tied, teams shall be ranked according to the highest ratio of goals for divided by the sum of goals for plus goals against for all games played in the round robin. The team with the highest ratio shall be ranked highest, the team with the second highest ratio shall be ranked next, the team with the third highest ratio shall be ranked next, etc.
- H. If still tied, teams shall be ranked according to the least total penalty minutes for all games played in the round robin. The team with the least penalty minutes shall be declared the highest position, the team with the second least penalty minutes shall be next, the team with the third least penalty minutes shall be next, etc.
- I. If still tied, teams shall be ranked according to the time required to score their first goal for all games played in the round robin. The team scoring the earliest goal shall be ranked highest, the team scoring the second earliest goal shall be ranked next, the team scoring the third earliest goal shall be ranked next, etc.

J. If still tied, teams shall be ranked by a coin toss.

NOTE: Each step of the tie breaking rules shall apply to all teams involved in the tie.

ie. according to rule B, the White team has a difference of 5 goals, the Red team has a difference of 3 goals and the Blue team has a difference of 2 goals. White team shall be ranked highest, Red team next and Blue team shall be third among these tied teams.

If three (3) or more teams are involved in the tie, the tie breaking procedure shall only revert to A if teams are still tied after the application of subsequent rules. ie. according to rule B, the White team has a difference of 5 goals, the Red team and the Blue team are still tied at 3 goals difference. White team shall be ranked highest, revert to rule A to break the tie between the Red & Blue teams.

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Breaking of Tie Scores in Tournament Games

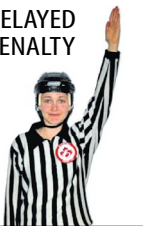


- If a **ROUND ROBIN** game is tied at the end of regulation time, each team will be awarded (1) one point.
- If a game is tied at the end of the second half of a **QUARTER-FINAL, SEMI-FINAL** or **FINAL GAME**, the teams will immediately play a five (5) minute stop-time **SUDDEN VICTORY** period (the first team to score will be declared the winner).
 - Teams will not change ends for the overtime period.
 - Ring possession for the start of the overtime period will be determined by coin toss.
 - If a tie still exists at the end of the overtime period, a five player shoot-out will decide the game winner. Home team shall shoot first.
 - Using the submitted shoot list, shooters will alternate, beginning with the designated home team.
 - The team that scores the greatest number of goals will be declared the winner.
 - If a tie still exists after the initial five player shoot-out, a single shoot-out, alternating format will begin with the designated home team.
 - The coach will select players for each round, but cannot re-use players until all players have taken their turn in the shoot-out. Goalies and injured players are exempt.
 - The first team that scores in a round when the other does not will be the winner.
 - If the score is still tied at the end of the allotted time slot, a coin toss will determine the winner.

NOTE: Penalties assessed in regulation or overtime play shall carry-over to the next period.

Time-Outs:









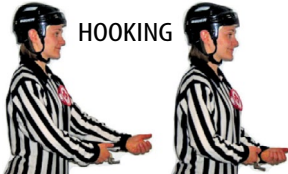





- Each team is entitled to ONE 30-second timeout per regulation game.
- Each team is entitled to ONE additional 30-second timeout in overtime.

On-Ice Officials' Signals





| | | |
|--|--|---|
| ALL CLEAR  | DELAYED PENALTY  | DELAYED VIOLATION  |
| DELAYED CALLING OF A VIOLATION WITH A FIVE SECOND COUNT  | FIVE SECOND COUNT  | |
| GOAL  | GOALKEEPER RING  | TIMEOUT  |
| TWO BLUE LINE PASS  | SHOT CLOCK RESET  | HAND ON LOWER THIRD  |
| WASH OUT  | | |

Photos courtesy of Ringette Alberta

Minor Penalties

| | | | |
|--|---|--|--|
|  <p>BOARDING</p> |  <p>BODY CONTACT</p> |  <p>DELAY OF GAME</p> | |
|  <p>CHARGING</p> |  <p>CROSS CHECKING</p> | | |
|  <p>ELBOWING</p> |  <p>HIGH STICKING</p> |  <p>HOLDING</p> | |
|  <p>HOOKING</p> |  <p>ILLEGAL SUBSTITUTION</p> | | |
|  <p>INTERFERENCE</p> |  <p>SLASHING</p> |  <p>PENALTY SHOT</p> |  <p>TRIPPING</p> |

Fully Served & Ejection Penalties

| | | | |
|--|--|---|--|
| UNSPORTSMANLIKE CONDUCT  | MAJOR PENALTY  | ROUGH PLAY  | MISCONDUCT/ MATCH PENALTY  |
|--|--|---|--|

Photos courtesy of Ringette Alberta



*Good Luck
Teams!*

Medals



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