

October 14-16, 2022

Don Hartman North East Sportsplex



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Dear Ringette Families and Athletes,

It is with great pleasure that I welcome the all teams, coaching staff, minor officials, parents and fans to this year's **Lonnie Krahn Classic**. Thank you for your dedication and for providing these athletes with the opportunity to grow and learn within the sport of ringette. It is sure to be an action packed weekend filled with truly impressive skills and competition. We trust that through good sportsmanship and competitive play, this tournament will be fun and memorable for all. I also want to extend a **Special thanks to our Refs!**

The Lonnie Krahn Classic is an annual event which started 28 years ago but due to COVID we missed a year – hence the 27th annual. The tournament is proudly hosted by Calgary East (Cal-East) Ringette Association Alumni. It was originally named the PSA Spring Classic but was later renamed to honor a man that did so much for our Ringette Association. A fun trivia fact - the medal that will be awarded to the Gold and Silver finalists was designed by Lonnie himself.

It goes without saying how much we all appreciate the efforts of a small but dedicated group of volunteers for the countless hours over the last several months in bringing this event to reality. I hope you enjoy what they have planned for this weekend. Further, I would like to thank all our Sponsors for their generous donations and the staff at the Don Hartman Sportsplex for their continuing support.

In closing, I would like to say to those traveling from out of town, from across Alberta, and beyond, we hope you enjoy your stay in Calgary. To all the athletes, we hope you have a fantastic weekend and best of luck in all your games!

Warmest Regards,

Mary Pelland 2022 LKC Tournament Chair





A MESSAGE FROM MAYOR GONDEK

On behalf of City Council and all Calgarians, welcome to the 27th Annual Lonnie Krahn Classic Ringette Tournament, hosted by the Calgary East Ringette Association!



This is an exciting time for ringette in Alberta, with 35 teams and 550 players from across the province competing here in Calgary. This weekend will bring friends and neighbours together as a community

in the spirit of teamwork, fun, friendship, and competition. Ringette is one of the fastest games on ice and I know this tournament will inspire even more Calgarians to play.

Thank you to all the organizers and volunteers who enable this long-standing sporting tradition to continue. I am sending all the teams strength as they take on everything this weekend has to offer.

Have fun and play safe!

Sincerely,

Jyoti Gondek Mayor of Calgary

Historic City Hall, 700 Macleod Trail S.E., Second Floor | Calgary, AB, Canada T2G 2M3 | P.O. Box 2100, Station M, #8069





TOURNAMENT COMMITTEE

And the best volunteers a tournament could ever have:

Eric Forst
Wendy Hetherington
Emily Hibbs
Lorraine Hibbs
Louisa Pelland
Lise Stradeski

Lonnie Krahn

Just another volunteer?

Ask the iconic Lonnie Krahn about how he got involved with volunteering for ringette, and he will tell you he just put his hand up at the wrong time. His daughter was only 5 years old and they needed someone to schedule the ice.

11 years later (2001), Lonnie steers his team to his first Provincial Championship. An impressive resume already includes four City Championships, Properties Ringette Association President for the last five years, Past President four years previous and coached the last nine years.

Spring of 1996, Lonnie and the Properties Ringette Association started the Properties Spring Classic Ringette Tournament in their new home, Don Hartman Northeast Sportsplex, and on the 10th anniversary, in the 2004-05 season the name was changed to the Lonnie Krahn Spring Classic

September of 2005 Governor General Norm Kwong presented Lonnie the Alberta Centennial Award. A well-deserved award as Lonnie had by this time coached ringette for 18 years and coached fastball for 14 years and tirelessly served on various boards and committees.

In the spring of 2012, Lonnie watched his grandson play his first of two years in ringette. It was a very emotional moment for Lonnie. This would

also be the last year Lonnie would be actively organizing the Spring Classic and the following season, the tournament was moved to the fall and is now known as the Lonnie Krahn Classic.

In 2001 Lonnie was asked why he does it. He replies: "For the love of the game and the participants."



Lonnie with his daughter, Brandy Collins.



Tournament Schedule

by Division



All games will be played at Don Hartman North East Sportsplex at 5206 68 Street NE.

Division U12A

Game #	Day	Start	End	Division	Home	Away	Arena
4	Friday	8:15 AM	9:15 AM	U12A - Pool 1	Airdrie Sting (Yellow)	Indus Warriors	West
6	Friday	9:30 AM	10:30 AM	U12A - Pool 2	NorthWest U12A-2	Strathmore Ice	West
11	Friday	1:30 PM	2:30 PM	U12A - Pool 1	Indus Warriors	NW Riot	East
13	Friday	2:45 PM	3:45 PM	U12A - Pool 2	Strathmore Ice	Lethbridge Rattlers	East
26	Saturday	8:15 AM	9:15 AM	U12A - Pool 1	NW Riot	Airdrie Sting (Yellow)	East
30	Saturday	11:00 AM	12:00 PM	U12A - Pool 2	Lethbridge Rattlers	NW Rage	East
40	Saturday	6:00 PM	7:00 PM	U12A SF2	U12A - Pool 2 RR1	U12A - Pool 1 RR2	East
42	Saturday	7:15 PM	8:15 PM	U12A SF1	U12A - Pool 1 RR1	U12A - Pool 2 RR2	East
50	Sunday	9:45 AM	11:00 AM	U12A - Final	Winner U12A - SF1	Winner U12A - SF2	East
51	Sunday	11:15 AM	12:15 PM	U12A Consolation	U12A - Pool 1 RR 3	U12A - Pool 2 RR 3	East

Division U12B

Game #	Day	Start	End	Division	Home	Away	Arena
3	Friday	8:00 AM	9:00 AM	U12B	BV Night Howlers	NW Cobras	East
12	Friday	1:45 PM	2:45 PM	U12B	NW Cobras	St. Albert Devils	West
14	Friday	3:00 PM	4:00 PM	U12B	BV Night Howlers	Indus Lightning	West
27	Saturday	9:15 AM	10:15 AM	U12B	Indus Lightning	St. Albert Devils	West
35	Saturday	3:00 PM	4:00 PM	U12B	Indus Lightning	NW Cobras	West
37	Saturday	4:15 PM	5:15 PM	U12B	St. Albert Devils	BV Night Howlers	West
52	Sunday	11:30 AM	12:45 PM	U12B Final	U12B - RR1	U12B - RR2	West

Division U14A

Game #	Day	Start	End	Division	Home	Away	Arena	
5	Friday	9:15 AM	10:15 AM	U14A	NW Boom	Indus Rise	East	
19	Friday	7:00 PM	8:00 PM	U14A	Indus Rise	Airdrie Shock	East	
20	Friday	7:15 PM	8:15 PM	U14A	Cochrane Rockies	NW Boom	West	
25	Saturday	8:00 AM	9:00 AM	U14A	Cochrane Rockies	Airdrie Shock	West	
38	Saturday	4:45 PM	5:45 PM	U14A	Indus Rise	Cochrane Rockies	East	
43	Saturday	8:30 PM	9:30 PM	U14A	NW Boom	Airdrie Shock	West	
57	Sunday	4:15 PM	5:30 PM	U14A Final	U14A - RR1	U14A - RR2	West	

Division U16A

Game #	Day	Start	End	Division	Home		Arena
8	Friday	10:45 AM	12:00 PM	U16A	NW Grit	NW Matrix	West
10	Friday	12:15 PM	1:30 PM	U16A	Strathmore Rise	Spruce Grove Heat	West
15	Friday	4:00 PM	5:15 PM	U16A	NW Grit	Strathmore Rise	East
22	Friday	8:30 PM	9:45 PM	U16A	NW Matrix	Spruce Grove Heat	West
28	Saturday	9:30 AM	10:45 AM	U16A	Spruce Grove Heat	NW Grit	East
32	Saturday	12:15 PM	1:30 PM	U16A	Strathmore Rise	NW Matrix	East
39	Saturday	5:30 PM	6:45 PM	U16A Final	U16A - RR1	U16A - RR2	West

Division U16B

Game #	Day	Start	End	Division	Home	Away	Arena
7	Friday	10:30 AM	11:45 AM	U16B - Pool 1	Airdrie Sting (Blue)	NW Rage	East
9	Friday	12:00 PM	1:15 PM	U16B - Pool 2	SC Adrenaline	Airdrie Sting (Yellow)	East
16	Friday	4:15 PM	5:30 PM	U16B - Pool 2	Spruce Grove Revenge	SC Adrenaline	West
18	Friday	5:45 PM	7:00 PM	U16B - Pool 1	Edmonton	NW Rage	West
31	Saturday	12:00 PM	1:15 PM	U16B - Pool 1	Airdrie Sting (Blue)	Edmonton	West
33	Saturday	1:30 PM	2:45 PM	U16B - Pool 2	Airdrie Sting (Yellow)	Spruce Grove Revenge	West
41	Saturday	7:00 PM	8:15 PM	U16B Consolation	U16B - Pool 1 RR3	U16B - Pool 2 RR3	West
47	Sunday	7:45 AM	9:15 PM	U16B SF2	U16B - Pool 2 RR1	U16B - Pool 1 RR1	East
48	Sunday	8:00 AM	9:30 AM	U16B SF1	U16B - Pool 1 RR1	U16B - Pool 2 RR2	West
55	Sunday	2:00 PM	3:30 PM	U16B Final	Winner U16B - SF1	Winner U16B - SF2	East

Division U19A

Game #	Day	Start	End	Division	Home	Away	Arena
1	Thursday	6:45 PM	8:00 PM	U19A	NW Rowdy	Airdrie Voltage	East
17	Friday	5:30 PM	6:45 PM	U19A	SC Cougars	NW Rowdy	East
24	Friday	10:00 PM	11:15 PM	U19A	NW Attack	Airdrie Voltage	West
29	Saturday	10:30 AM	11:45 PM	U19A	Airdrie Voltage	SC Cougars	West
36	Saturday	3:15 PM	4:30 PM	U19A	NW Rowdy	NW Attack	East
45	Saturday	9:45 PM	11:00 PM	U19A	NW Attack	SC Cougars	West
49	Sunday	9:45 AM	11:15 AM	U19A Final	U19A - RR1	U19A - RR2	West

Division U19B

Game #	Day	Start	End	Division	Home	Away	Arena
2	Thursday	8:15 PM	9:30 PM	U19B - Pool 1	NW Sirens	Cochrane Rockies	East
21	Friday	8:15 PM	9:30 PM	U19B - Pool 2	NW Aces	Indus Lightning	East
23	Friday	9:45 PM	11:00 PM	U19B - Pool 1	NW Strike	NW Sirens	East
34	Saturday	1:45 PM	3:00 PM	U19B - Pool 2	NW Aces	Airdrie Sting (Yellow)	East
44	Saturday	8:30 PM	9:45 PM	U19B - Pool 1	Cochrane Rockies	NW Strike	East
46	Saturday	10:00 PM	11:15 PM	U19B - Pool 2	Indus Lightning	Airdrie Sting (Yellow)	East
53	Sunday	12:15 PM	1:45 PM	U19B SF2	U19B - Pool 2 RR1	U19B - Pool 1 RR2	East
54	Sunday	1:00 PM	2:30 PM	U19B SF1	U19B - Pool 1 RR1	U19B - Pool 2 RR2	West
56	Sunday	2:45 PM	4:00 PM	U19B Consolation	U19B Pool 1 RR3	U19B Pool 2 RR3	West
58	Sunday	5:15 PM	6:45 PM	U19B Final	Winner U19B - SF1	Winner U19B - SF2	East



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U12A Pool	1 Airdrie Sting (\	(ellow)	Indus V	Varriors		NW Riot	TOTAL WINS / SCORE
Airdrie Sting (Yello	w)						
Indus Warriors	;						
NW Riot							
Semi-Final 1 :				vs			
Consolation :				VS			
U12A Pool	2 NW Rag	e	Strathn	nore Ice	Lethb	ridge Rattlers	TOTAL WINS / SCORE
NW Rage							
Strathmore Ice	•						
Lethbridge Rattle	ers						
Semi-Final 1 :				vs			
Semi-Final 2:				vs			
Consolation :				VS			
U12B	BV Night Howlers	Indus	Lightning	NW Col	oras	St. Albert Devils	TOTAL WINS /
BV Night Howlers							Jeone
Indus Lightning							
NW Cobras							
St. Albert Devils							
Final :				_ vs			
111.4.6	Airdrie Shock	las al	Di	Ca alamana F	٠. المام	NW Daare	TOTAL WINS /
U14A	Airarie Snock	Ina	us Rise	Cochrane F	lockies	NW Boom	SCORE
Airdrie Shock							
Indus Rise							
Cochrane Rockies							
NW Boom							
Final :				_ vs			
U16A	Spruce Grove Heat	NW	Matrix	NW G	rit	Strathmore Rise	TOTAL WINS /
Spruce Grove Heat	•				-		SCORE
NW Matrix							
NW Grit							
Strathmore Rise							
Final:				_ VS			

U16B Pool	1	Airdrie Sting	(Blue)	NW	Rage	Ec	dmonton	TOTAL WINS / SCORE	
Airdrie Sting (Blu	ıe)								
NW Rage									
Edmonton									
Semi-Final 1 :					VS				
	inal 2 :VS								
Consolation:					vs				
U16B Pool	2	SC Adrenal	ine	Airdrie Sti	ng (Yellow)	Spruce	Grove Revenge	TOTAL WINS / SCORE	
SC Adrenaline								SCORE	
Airdrie Sting (Yello	w)								
Spruce Grove Reven	ige								
Semi-Final 1:	Semi-Final 1 :VS								
Consolation :					vs				
								_	
U19A	_	NW Rowdy	NW	Attack	Airdrie Vo	ltage	SC Cougars	TOTAL WINS / SCORE	
NW Rowdy									
NW Attack									
Airdrie Voltage									
SC Cougars									
Final :					vs				
U19B Pool	1	Cochrane Ro	ckies	NW S	Sirens	N	IW Strike	TOTAL WINS / SCORE	
Cochrane Rockie	es								
NW Sirens									
NW Strike									
Semi-Final 1 :					vs_				
Semi-Final 2:					vs				
Consolation:					vs				

U19B Pool 2	NW Aces	Airdrie Sting (Yellow)	Indus Lightning	TOTAL WINS / SCORE
NW Aces				
Airdrie Sting (Yellow)				
Indus Lightning				
Semi-Final 1 :		vs		
Semi-Final 2 :		VS		

Consolation:

vs

U12A

Airdrie Sting (Yellow)

- 16 Coral Burt
- 17 Ashley Hall
- 18 Olivia Schultz
- 19 Mila Lerat
- 20 Wren Berger
- 21 Morgan Schultz
- 22 Lyla Holland
- 23 Tayla Connolley
- 24 Ella Bisschop
- 25 Lilliana Rappel
- 26 Ivy Ganes
- 27 Josie Papp
- 27 Kenizie Crawford
- 28 Green Williams
- 29 Reece Jensen

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Asst. Coach:
Asst. Coach:
Asst. Coach:
Kelie Risdon

NW Riot

- 3 Madyn Dyck
- 4 Taylor Kress
- 5 Taylor Becker
- 6 Ava Clare
- 7 Eirlyn Weeres
- 8 Julianna Wind
- 10 Ashlynn Gibbs
- 11 Madelynn Gibbs
- 12 Jenna Hansen
- 14 Olivia Ector
- 15 Lily-Anne Fortin
- 16 Abby Makin
- 21 Ayva Pittis

Head Coach:
Manager:
Asst. Coach:
Asst. Coac

Indus Warriors

- 2 Sylvie Merkley
- 4 Alexandra Osmond
- 5 Ellie Laidlaw
- 7 Lea Mullen
- 8 Kennedy Trousdale
- 10 Berkley Lilljord
- 11 Alexandra Skene
- 12 Emma Connelly
- 15 Katelyn Ilsley
- 16 Mackenna Da Costa
- 19 Anam Sahota
- 20 Mackenzie Campbell
- 26 Sadie Turner

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Asst. Coach:
Goalie Trainer:
Troy Da Costa

Strathmore Ice Invaders

- Mette Johansen
- 3 Braydee Heer
- 4 P.J. Manuell
- 5 Avery Clark
- 6 Eden Terry-DuBourdieu
- 7 Haylee Lausen
- 8 Locklyn Hayes
- 9 Kalie Croft
- 10 Hayden Paschal
- 11 Hayden Darago
- 12 Kaylee Lester
- 14 Cabri Jensen
- 15 Kenlee Bridger
- 16 Hayley Arsenault
- 17 Jordyn Innes
- 18 Timbree Desmet

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Jr. Coach:
Jr. Coach:
Jr. Coach:
Ardith Lester
Renee Dubourdieu
Willie Darago
Martin Croft
Kevin Paschal
Summer Crosson
Raegan McLoad

Lethbridge Rattlers

- 7 Harper Lynch
- 8 Ashton Boxer
- 9 Raye-Anne Mills
- 10 Beth Shenton
- 11 Aubree Burton
- 12 Julia Boyle
- 13 Parnelle Jonker
- 14 Kaia Parks
- 15 Anna Richter
- 17 Natalie Johnston
- 18 Siena Mauro
- 22 Gracelyn Friel

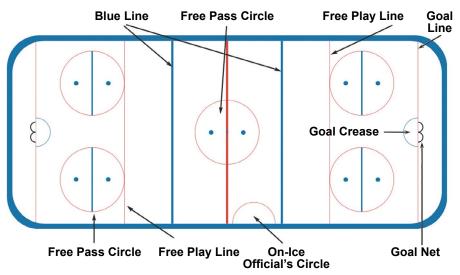
Head Coach: Kurt Parks
Co-Manager: Kelly Dinsmore
Co-Manager: Ashley Lynch
Asst. Coach: Ryan Boyle
Asst. Coach: Aimee Boxer
Asst. Coach: PJ Lynch
Trainer: Rob Burton

NW Rage

- 3 Tessa Lister
- 1 Charlotte Gratton
- 5 Karis Cripps
- 6 Keira Early
- 7 Erica Storey
- 8 Georgia Lambe
- 9 Jade Matheos
- 10 Evangeline Lok
- 11 Ashtvn Rushfeldt
- 12 Aida Shepherd
- 13 Kate Gervis
- 14 Mayeve Hargreaves
- 15 Sonya Hirani

Head Coach:
Manager:
Asst. Coach:
Asst. Coac

Ringette Rink Markings





U12B

Bow Valley Night Howlers

- 18 Aliya Cooke
- 19 Sasha Pereira
- 22 Mackenzie Heaslip
- 23 Amira Lee
- 24 Evi Johnson
- 25 Emma Bennett
- 26 Dana Mitchell
- 27 Chloe Tyson
- 28 Carrera Yokesty
- 29 Macie Dickie
- 31 Quinn Wambott
- 32 Rebecca Wall
- 33 Emery Bomersback

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Trainer:
Pete Johnson
Trainer:
Craig Wall

NW Cobras

- 2 Ali Newman
- 3 Sophie Van Orman
- 4 Rachel Burke
- 5 Lillian Denny
- 7 Ella Bahry Brown
- 8 Stephanie Wills
- 9 Rudev Rose
- 11 Syah Gouthro
- 13 Jaelyn Campbell
- 14 Violet Denton
- 15 Maya Randhawa
- 16 Sage Bettesworth
- 27 Josie Stephenson
- 29 Reese McDougall

Asst. Coach:

Head Coach: Debbie Curke
Manager: Ayako Newman
Asst. Coach: Aimee Daunhauer

Brian Denny

Indus Lightning

- 1 Trista Macdonald
- 3 Evelyn Woodward
- 5 Kailee Leggett
- 6 Allie Niergarth
- 9 Grace Keehn
- 10 Korie Kappel14 Alivia Massey
- 19 Jayda Durksen
- 20 Evelyn Charron
- 21 Cassie Morin
- 28 January Ziemann
- 29 Isabella Watkins
- 50 Ariel Lamb

Head Coach: Kelly Watkins
Manager: Darcy Kappel
Asst. Coach: Kayce Macdonald
Asst. Coach: Brad Leggett
Asst. Coach: Chris Niegarth

St. Albert Devils

- 1 Hattie Mitchell
- 2 Lilly Highes
- 3 Mila Wolff
- 4 Annaka Bartucci
- 5 Daley McPherson
- 6 Kamryn Stiles
- Railiiyii Stiles
- 7 Sophie Randall
- 8 Brielle Rokosh
- 10 Adrianna Touv
- 11 Anna Rokosh
- 12 Emily Seeman
- 13 Genevive Stephen
- 14 Athena Bennett
- 31 Alexis Carey

Head Coach:
Manager:
Asst. Coach:
Asst. Coac

U14A

Airdrie Shock

- 2 Isla Nash
- 3 Felicity Thompson
- 4 Maya Overdulve
- 5 Emily Rodgers
- 6 Emma Morabito
- 7 Lauren Flaman
- 8 Kiarra Sikorski
- 9 Lauren Wilde
- 10 Raegan McKnight
- 11 Paige Jensen
- 12 Briar Sturby
- 13 Eva Kraft
- 14 Madison Moore
- 15 Elisha Neill
- 31 Hailey Poile

Head Coach:Scott FlamanManager:Laura PoileAsst. Coach:Drew McKnightAsst. Coach:Crystal MorabitoAsst. Coach:Sarah ThompsonTrainer:Tammy McKnight

Indus Rise

- Sarah McNair
- 5 Riley Harris
- 7 Nour Souraya
- 8 Cassidy Trousdale
- 9 Jaden Nelson
- 10 Zoe Bassom
- 13 Danica Towers
- 14 Cayla Massey
- 16 Kendall Lester
- 17 Chloe Smith
- 18 Marley Hinge
- 21 Casey Flett
- 31 Sarah Appleward

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Asst. Coach:
Stephanie Nielson

Asst. Coach: Curtis Tower Trainer: Kyle Lester

Cochrane Rockies

- 6 Brynn Lowe
- 7 Kamryn Poffenroth
- 8 Olivia Jermey
- 9 Susanna Weatherill
- 10 Sophie Colameco
- 11 Pavelle Smith
- 12 Landree Brown
- 14 Lexie Martyn
- 15 Nora Leinenweber
- 19 Elizabeth Harvey
- 20 Eleanor Heintz

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Jr. Coach:
Deanne Martyn
Serena Heintz
Tim Smith
Colin Harvey
Erica Rott

NW Boom

- 2 Adelynne Sweet
- 3 Ashlyn Toth
- 4 Raela Coffyne
- 5 Makayla Fraser
- 7 Chloe Page
- 9 Amelie Rivard
- 11 Anna Makin
- 12 Sydnee Rivard
- 14 Cameron Tym
- 16 Reese Stefanowski22 Avery Murphy
- 31 Maiya Aubin-Vilorio

Head Coach: Robyn Fraser
Manager: Cara Toth
Asst. Coach: Derek Coffyne
Asst. Coach: Todd Makin
Asst. Coach: Colin Page
Asst. Coach: Simon Rivard
Asst. Coach: Dylan Sweet



U16A

NW Grit

- 1 Myah Burrows
- 2 Lauren Chesla
- 3 Robin Boswell
- 5 Elsa Shepherd
- 7 Anna Johns
- 8 Rebecca Carley
- 9 Chelsea Pangracs
- 10 Brielle Buchinski
- 11 Kennedy Murphy
- 13 Ryleigh MacNeill
- 14 Isabelle Pallan
- 15 Niamh Murphy
- 18 Carly Bertulli Shaylee Simard

Head Coach: Chelanne Murphy
Manager: Erinn Johns
Asst. Coach: Jeff Boswell
Asst. Coach: Kate Shepard
Asst. Coach: Paige Simmard
Asst. Coach: Pat Carley

Spruce Grove Heat

- 1 Danika Samardzic
- 2 Hadyn Lynes
- 3 Morgan Gould
- 4 Carra Lenderbeck
- 5 Claire Colameco
- 8 Danielle Walker
- 10 Sadie Settle
- 11 Nova Nichols
- 12 Brooklyn Ouellelte
- 16 Zayla Steil
- 17 Kira Ible
- 18 Lucy Maskalyk
- 19 Makenna McGroggan
- 20 Nolani Molyneaux
- 22 Nyah Jarratt
- 34 Brooke Fels
- 35 Elly Gorgichuk

Head Coach: Kelly Ible
Manager: Vicki Colameco

NW Matrix

- 4 Payton Aitken
- 9 Zoe Sims
- 10 Rebecca Reynolds
- 11 Amber Frigon
- 12 Errigal Kostick
- 13 Cassidy Reitbauer
- 14 Cassidy Budgell
- 15 Jenna Hall
- 16 Sophie Bouma
- 21 Colbie Cardinal
- 23 Alyssa McGahey
- 24 Danika Brabec
- 28 Amanda Wilde
- 31 Gwen Walker

Head Coach:
Manager:
Asst. Coach:
Alex Bouma
Wendy Reynolds
Tim Reitbauer
Heidi Kostick
Ross Aitken

Strathmore Rise

- 2 Mateya Molina
- 3 Ella Brockman
- 7 Aspen Moore
- 8 Brooklyn Connelly
- 9 Amber McNair
- 10 Raegan MacLeod
- 11 Siena Armstrong
- 12 Taryn Phillips
- 13 Hailey Smith
- 14 Avery Koole
- 15 Brooke Mohr16 Kenzie Campbell
- 17 Addison Innes
- 17 Addisorrantes
- 19 Alexis Wartman
- 31 Maria Betke

Head Coach:
Manager:Jaime Rainey
Robin MacleodAsst. Coach:Derek InnesAsst. Coach:Sonny WarrackAsst. Coach:Steven Wartman





Shop in-store:

Monday to Friday: 10 - 6

Saturday: 10 - 5 Sunday: Closed

Shop online:

www.ringettestore.com

Calgary



U16B

Airdrie Sting (Blue)

- Carlie Lower
- 27 Ava Lang
- 30 Alexis Oree
- Paige Ashworth 34
- **Taylor Childs** 35
- Isabelle Papp 37
- 38 **Emily Lau**
- 39 Paeton Heck
- 40 Georgia Holland
- 41 **Brooklyn Rodgers**
- 42 Kiki McCarthy
- 43 Ella Strang
- Ellie Roblin 44
- Aidan Kernaghan 45

Head Coach: Clayton Heck Manager: **Maureen Rodgers** Asst. Coach: Braeden Huppe

Spruce Grove Revenge

- Sydney Haydaman
- 4 Hailey Janzen
- 5 Rhyan Ethier
- 8 Braydi Klutz
- 9 Samantha Ali
- 10 Kennedy Martin
- 11 Raine Poelzer
- 15 Julia Bradley
- 17 Mylo Lyons
- 18 Isabelle Kennedy
- Kendra Sutherland 20
- 21 Emma Becker
- 22 Myah Wong
- 31 Asya Whitford
- 34 Sam Yaremchuk
- 35 **Eden Linton**
- 36 Morgan Oster

Head Coach: Shelly Oster Jody Sutherland Manager: Asst. Coach: Serge Ethier Curtis Haydaman Asst. Coach: Asst. Coach: Kelly Janzen Asst. Coach: Stu Becker Asst. Coach: Fenna Poelzer Asst. Coach: Mya Becker

Airdrie Sting (Yellow)

- Anika Etzel
- 17 **Madison Parfitt**
- 18 Angelique MacDonald
- 19 Samantha Bigelow
- 20 Brooklynne Henwood
- 21 Javden James
- 22 Keara Moore
- 23 Molly Forsyth
- 24 Rheanna Henwood
- 25 Penelope Pawsey
- 26 Hailey Kanda
- 28 Johnny Stewart
- 29 Chloe Bigelow
- Caitlynn Osborne 31

Head Coach: Jenaya Stewart **Dominique MacDonald** Manager: Michelle James

Asst. Coach: Asst. Coach: Derek Bigelow Asst. Coach: Derrick Moore

SC Adrenaline

- 3 Alivia Baht
- Eliza Ayres
- 5 Georgia Ruddell
- 6 Cassidy Park
- Jenna Cook
- 8 **Ruby Watts**
- 9 Poppy Nyitrai
- 10 Myla Tawiah
- 11 Adrianna Roznicki
- 12 Rowan Flexhaug
- 13 Tala McCulloch
- 15 Rachel McMillan
- Elyse Graham
- 17
- 30 Abigail Breitenstein

Garth Ayres Head Coach: Manager: **Wendy Cook** Asst. Coach: **Andrew Watts** Asst. Coach: Dan Breitenstein

Edmonton

- Lydia Friel
- 2 Sophie Mulholland
- 4 Jade Smith
- 5 Brooklyn Chapman
- 7 Isla Royan
- 8 Kate Lechelt
- Wynter Woolley 10
- Lila Schiller 11
- Azra lalii 19
- 20 Kalia Vigen
- Erika Marchand 24
- Megan Diggle 27
- 29 Izabella Zurch
- 32 Ella Glassford
- 33 Casey House

Head Coach: Tanva Orr Katie Vigen Manager: Asst. Coach: Rebecca Rovan Asst. Coach: Rezika Zurch Asst. Coach: **Denny Chapman**

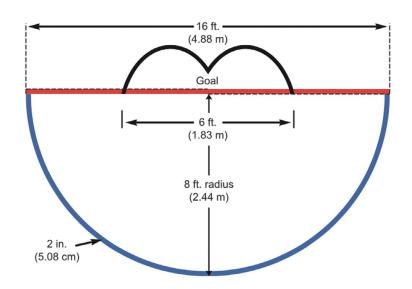
NW Rage

- Erin Selin
- 3 **Everlyn Silkin**
- 4 Priya Chahal
- Lily O'Neill
- 8 Annika Bisson
- 9 Kira Thompson
- Julia Ayotte
- Daniella Engelbracht 11
- 12 Kiera Storer
- Katelyn Verweire 14
- 15 Ava Lawrick
- **Emily Rolschau Elliot**
- 20 Samantha Savoia
- 22 **Rowan Smith**
- 31 Aidan Murphy

Head Coach: Ahren Engelbracht Manager: Christina Todd-Savnia

Asst. Coach: Jenn Silkin Asst. Coach: Adam Verweire

Goal Net & Crease





U19A

Airdrie Voltage

- 2 Rachael Stewart
- 3 Cassie Vaillancourt
- 4 Alexa Leblond
- 5 Shae Sturby
- 6 Madie Schiffner
- 8 Josie Powers
- 9 Keira McCarthy
- 11 Morgan Currie
- 14 Aggie Baker
- 17 Emma Dick
- 18 Claire Kusler
- 19 Carli Miller
- 21 Ava Campbell
- 22 Navee Oosterveld

Head Coach: Liz Kusler
Manager: Kyle Stewart
Asst. Coach: Terra Currie
Asst. Coach: Danelle Oosterveld
Asst. Coach: Amanda Miller
Trainer: Laurie-Ann Baker

NW Attack

- 1 Raegan Hatch
- 2 Marika Okubo
- 3 Brianna Dittmer
- 4 Lauren Zajdlik
- 5 Tai Thompson
- 7 Kylie Williams
- 8 Brynn Affleck
- 9 Emelia Drouin
- 10 Katie Daunhauer
- 11 Rachel Morrison
- 12 Kenadie Reitbauer
- 19 Chelsea Van Diepen
- 21 Elexi Frigon
- 34 Solah Lussier
- 37 Elise Fawcett

Head Coach: Carrie Williams
Manager: Suzanne Hatch
Asst. Coach: Lauren Stanley
Asst. Coach: Dave Zajdlik
Asst. Coach: Daniel Frigon
Trainer: Michelle Affleck

NW Rowdy

- 2 Anna Obrien
- 3 Reano Coffyne
- 4 Ayla Ventura
- 5 Grace Stappler
- 7 Natalie Potter
- 8 Jordan Desrosiers
- 9 Sara Graham
- 11 Brenna Murray
- 12 Gabriella Legault
- 13 Natalie Paquette
- 14 Shea Kent
- 15 Hayden Ventura
- 16 Shayna Folstrom
- 19 Annika Russell
- 31 Teagan Pennoyer
- 34 Charlotte Stappler

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Curtis Stappler

SC Cougars

- 1 Janae Althen
- 2 Gabi Travers
- 3 Magda Mysak
- 4 Breanne McQuay
- 5 Taryn Foord
- 6 Roxy Roulston
- 7 Teyah Braithwaite
- 8 Ellie Reynar
- 10 Marika Goosens
- 11 Mia Niro
- 12 Hannah Perejma
- 13 Trinity Rose
- 14 Sarah Ackerman
- 16 Sophia McMurren
- 17 Ameya Acharya
- 18 Elia Park
- 31 Brook Vadori

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Asst. Coach:
Asst. Coach:
Gary McQuay
Jory Gammie
Andrea Ackerman
Parker Foord
Gary McMurren

RINGETTE FAST FACTS:

Ringette History... Did you know?

- Ringette is a Canadian invention.
- Ringette was invented in 1963, in North Bay, Ontario by Sam Jacks, the same person who introduced floor hockey to the world (1936).
- Canada-wide there are currently over 25,000 thousand registered players on over 2,000 teams.
- There are over 2,400 ringette officials registered in Canada.
- Over 6,500 men and women coach ringette across Canada.
- Although Ringette is predominantly played by females, over 600 males also participate across the country.
- Ringette is played world-wide in countries including Finland,

Sweden, the United States, Japan, Australia, Germany, New Zealand, France, Slovakia, and the Czech Republic – and the sport continues to grow.

- Since 1990 a world ringette championship has been held every year.
- · Canada and Finland hold the record number of championships
- There is a Ringette Hall of Fame recognizing outstanding achievement in the sport and contributions to its development.
- The Canada Winter Games have hosted a ringette tournament since 1991.
- Since 1971 a Canadian ringette championship has taken place across the country.



U19B

Airdrie Sting (Yellow)

- 1 Jenny Johnston
- 2 Leah Weech
- 5 Avery Fleck
- 8 Lydia Englot
- 10 Jennie Krukowski
- 12 Kaitlyn Thompson
- 13 Jaidyn Chalmers
- 14 Kendra Wegener
- 15 Mikka Weigum
- 16 Sydney Zulinick
- 17 Andrea Fortier
- 21 Madison Poile
- 27 Gemma Hoover

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Kurt Weech

NW Sirens

- 2 Kyenna Morin
- 3 Reegan Marshall
- 4 Keira Krenzel
- 5 Isabelle Beatty
- 7 Madeline Gunn
- 8 Ashley Werbicki
- 9 Liv Meckelborg
- 10 Kennedy Elliott
- 11 Kaitlyn Horkoff
- 12 Sarah Olson
- 13 Isabel Tackney
- 14 Bridgit Muir
- 15 Hayden Leppert
- 20 Mitch Farrekk
- 23 Sydney Kelm
- 31 Sylvia Vega

Head Coach:
Manager:
Asst. Coach:
Asst. Coac

Cochrane Rockies

- 4 Joelle Kohtala
- 5 Eva Swan
- 6 Katie Peacock
- 7 Oliva O'Krancy
- 8 Addison Wennekamp
- 9 Abygale Harvey
- 10 Megan Merrells
- 12 Cadence West
- 13 Marsh (Bella Mae) Degagne
- 15 Jayden Boyd
- 16 Mackenzie Boyd
- 17 Erica Rott
- 18 Bronwyn Bergen
- 19 Quinn Cherverie
- 31 Mercury (Amelia) Lawes

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Asst. Coach:
Trainer:
Colin Harvey
Shannon Knight
Elton Lawes
Ryan Wennekamp
Teresa Merrells
Elton Lawes

NW Strike

- 2 Saige Staseson
- 3 Markita Conte
- 4 Amanda Russell
- 5 Keaya Buchinski
- 7 Thea Gromack
- 8 Mackenzie Hewitt
- 9 Evelynn Gibbs
- 10 Jayden Albizzati
- 11 Carys Hill
- 12 Paige Kozicki
- 13 Jessica Eldred
- 14 Zoe Burt
- 15 Mava Labelle
- 17 Cadence Kane
- 31 Sophia Smith

Head Coach:
Co-Manager:
Co-Manager:
Asst. Coach:
Alan Gibbs
Jody Williams
Tracy Dalton
Rob Smith
Jon Staseson

Indus Lightning

- 1 Delaney Hassett
- 3 Kali New
- 6 Rennie Doiron
- 11 Caley Butler
- 12 Cloey Butler
- 14 Ashely Lombardo
- 16 Abby Henry
- 17 Cadence Norn
- 20 Kierra Elson
- 21 Myah Sawatzky
- 23 Avery Engleson
- 25 Celina Morin
- 27 Jaelyn New
- 29 Erika Howes
- 9 Alex Mikesh
- 18 Abbie Skeen (AP)
- 22 Kyler Millard (AP)
 Alexis Mikesh (AP)
 Brooklyn Connelly (AP)
 Ella Broockman (AP)
 Kinsley McHattie (AP)
 Mateya Molin (AP)

Head Coach:
Manager:
Asst. Coach:
Asst. Coach:
Goalie Coach:
Doug Hassett

Sam Jacks

NW Aces

Mava Jina

Kaelin Jackson

Kaila Doiron

Avery Hayes

Sarah Peterson

Kaitlin Bowes

Natalie Savoia

Anna Nelson

Catherine Carbet

Kristen Zieglgansberger

Trevow Cochran

Danielle Nelson

Kim Doiron

Jill McDavid

Carle Earl

Mackenna Rushfeldt

Jade Ditner

Kaitlyn Cochran

Skykla Earl

Brooke McDavid

Emma Mcgillivray

2

10

11

12

13

14

15

17

20

31

Head Coach:

Manager:

Asst. Coach:

Asst. Coach:

Asst. Coach:

A man called Sam Jacks invented ringette.
Jacks came to Canada from Scotland in 1920.
Now play
He became a sports director in North Bay, Ontario.
There were many outdoor skating rinks in the small town.
The boys were active, but girls did not play hockey.

Jacks wanted girls to play a game on ice, too.

So, he invented a skating game for girls.

Ringette is born.

At first, the girls cut off the ends of old hockey sticks. They used a hollow rubber ring instead of a hockey puck.

Slowly Jacks made rules.
He called the game "ringette".

In 1963 in Ontario, girls played the first ringette game. Now players use a straight stick with a special tip. They pass and shoot the ring to score points or goals.

A safe team sport.

Ringette is a very fast game.

A player must pass the ring across a blue line to move it down the ice.

This teaches teamwork.

Ringette is a non-contact sport.

No one can tackle another player.

A player wears pads, gloves and a helmet. All players learn about safety on the ice.



Tournament Rules

- 1. The official rules of **Ringette Canada** will apply.
- In the case of conflict in uniform color, the VISITING team must change their uniforms.
- 3. In medal games, the higher place team shall be the **HOME** team.
- 4. Teams must declare **Goaltender(s)**, **Captains** and **Alternate Captains** on the game sheet by indicating **(G)**, **(C)**, **(AC)**.
- Good sportsmanship and fair play will be stressed throughout the tournament.
- Any TEAM accumulating MORE THAN 30 Penalty Minutes in any ONE (1)
 GAME, shall see the Head Coach or acting Head Coach from that game suspended for their next tournament game. No grievances will be accepted.
- 7. A **MATCH penalty** will automatically result in suspension from all subsequent tournament games.
- Game scores will be displayed on the time clock, posted in arenas, and recorded for tie breaking procedures, with a MAXIMUM SEVEN GOAL difference.
- 9. Teams using affiliates are required to strike the names of players who are not participating in a game from the gamesheet to ensure proper verification. When using an affiliate the name(s) of the player(s) and their jersey number must be written in the appropriate space on the gamesheet, marked with (AP) for Affiliate Player and (AG) for Affiliate Goalie.

From the Ringette Alberta 5.0 – Player Affiliation Policy.

AFFILIATING a COMBINATION of SKATERS and A GOALTENDER 5.4.9 When affiliating a combination of skaters (defence, forwards and/or centers) and one (1) goaltender for participation in a game: 5.4.9.1 A maximum of 12 competitors: eleven (11) skaters and one goalie may be 'dressed' and listed on a team's game sheet; 5.4.9.2 A maximum of 13 competitors (11 skaters and 2 goaltenders) may be dressed for a game where a team dresses two goalies, one of which is an affiliate goaltender, subject to clause 5.4.8

- 10. Teams must be ready to go on ice ten (10) minutes before the scheduled game time. Teams not iced within two (2) minutes of the referee's whistle being blown to start the game will forfeit the game. However, the game will be played as an exhibition game and the score recorded as 4-0. The penalty for not playing a game is forfeiture of position in the Round Robin standings.
- 11. All players must be from one team and must be registered as a member of that team with the applicable Provincial or Zone governing body. Teams who play an ineligible player will have the actual result of the affected game(s) cancelled. The affected game(s) will be recorded as 4-0 score in favour of the team(s) **not** playing an ineligible player.
- 12. Overage players will only be allowed if they are registered with the participating team. Teams must follow Ringette Alberta Overage Player Policy.
- 13. All teams <u>MUST</u> sign in and pick up a Coach's Package at the Tournament's arena control desk at the Don Hartman North East Sportsplex prior to their first scheduled game.
- 14. **Score sheets** are to be picked up at the Tournament's arena control desk. They are to be completed or verified and signed by the coach at least fifteen (15) minutes prior to game time and returned to the control desk.

IMPORTANT: Please bring your own team labels for scoresheets as we will <u>NOT</u> supply printed scoresheets and cannot guarantee pre-printed labels.

- 15. Any team that leaves the ice, or calls a game will be suspended from all further play in the tournament, including the awarding of medallions.
- 16. Thirty second (30 sec) shot clocks will be used in U12 and older Divisions in this Tournament.
- 17. Any team wishing to file a protest may do so by submitting their request in writing, along with \$200, to the Tournament Committee. Notification of a protest must be received within one hour of the incident occurring to enable sufficient time to deal with the protest.
- 18. A grievance committee will meet to deal with any protests received. (If the protest is upheld the \$200 will be refunded). No game protests involving referee judgement will be accepted. **THE REFEREE'S DECISION SHALL BE FINAL.**



Games Duration and Format:

IMPORTANT: Officials have been instructed to drop the clock to 2 minutes

"Stop Time" when there is 5 minutes left in ice time <u>for Round Robin</u>

<u>games only</u>. Clock <u>will not</u> be dropped for Final games.

U12 & U14: Two (2) periods of 18 minutes stop time with shot clock play. Top 2 teams in each division standing will participate in medal game.

U16 and above: Two (2) periods of 23 minutes stop time with shot clock play. Top 2 teams in each division standing will participate in medal game.

Half-time break will be 2 minutes running time.

Round Robin Team Standing Rules

POINT STRUCTURE

Teams receive two (2) points for a win, one (1) point for a tie, and no (0) points for a loss. At the completion of round robin play, teams will be ranked according to the total points in all games played.

Breaking of Ties in Team Standings

Note: Regardless of game score, only a **SEVEN goal difference** will be applied

When two or more teams have an equal number of points after round robin play, the teams will be ranked according to the following rules:

- A. The winner of more game(s) between each other during the round robin will be declared the highest position.
- B. If still tied, teams shall be ranked according to the difference between goals for and against in games between the <u>tied teams</u> in round robin play. The team with the highest positive difference shall be ranked highest, the team with the second highest positive difference shall be ranked next, the team with the third highest positive difference shall be ranked next, etc.
- C. If still tied, teams shall be ranked according to the least goals against in games <u>between the tied teams</u> in round robin play. The team with the least goals against shall be declared the highest position, the team with the second least goals against shall be next, the team with the third least goals against shall be next, etc.

- D. If still tied, teams shall be ranked according to the difference between goals for and against in <u>all games</u> played in the round robin. The team with the highest positive difference shall be ranked highest, the team with the second highest positive difference shall be ranked next, the team with the third highest positive difference shall be ranked next, etc.
- E. If still tied, teams shall be ranked according to the least goals against in <u>all games</u> played in the round robin. The team with the least goals against shall be declared the highest position, the team with the second least goals against shall be next, the team with the third least goals against shall be next, etc.
- F. If still tied, teams shall be ranked according to the highest ratio of goals for divided by the sum of goals for plus goals against for games between the tied teams in round robin play. The team with the highest ratio shall be ranked highest, the team with the second highest ratio shall be ranked next, the team with the third highest ratio shall be ranked next, etc.

Total goals for + Total goals against Total goals against

- G. If still tied, teams shall be ranked according to the highest ratio of goals for divided by the sum of goals for plus goals against for all games played in the round robin. The team with the highest ratio shall be ranked highest, the team with the second highest ratio shall be ranked next, the team with the third highest ratio shall be ranked next, etc.
- H. If still tied, teams shall be ranked according to the least total penalty minutes for all games played in the round robin. The team with the least penalty minutes shall be declared the highest position, the team with the second least penalty minutes shall be next, the team with the third least penalty minutes shall be next, etc.
- If still tied, teams shall be ranked according to the time required to score
 their first goal for all games played in the round robin. The team scoring the
 earliest goal shall be ranked highest, the team scoring the second earliest
 goal shall be ranked next, the team scoring the third earliest goal shall be
 ranked next, etc.



J. If still tied, teams shall be ranked by a coin toss.

NOTE: Each step of the tie breaking rules shall apply to all teams involved in the tie.

ie. according to rule B, the White team has a difference of 5 goals, the Red team has a difference of 3 goals and the Blue team has a difference of 2 goals. White team shall be ranked highest, Red team next and Blue team shall be third among these tied teams.

If three (3) or more teams are involved in the tie, the tie breaking procedure shall only revert to A if teams are still tied after the application of subsequent rules. **ie.** according to rule B, the White team has a difference of 5 goals, the Red team and the Blue team are still tied at 3 goals difference. White team shall be ranked highest, revert to rule A to break the tie between the Red & Blue teams.

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Breaking of Tie Scores in Tournament Games

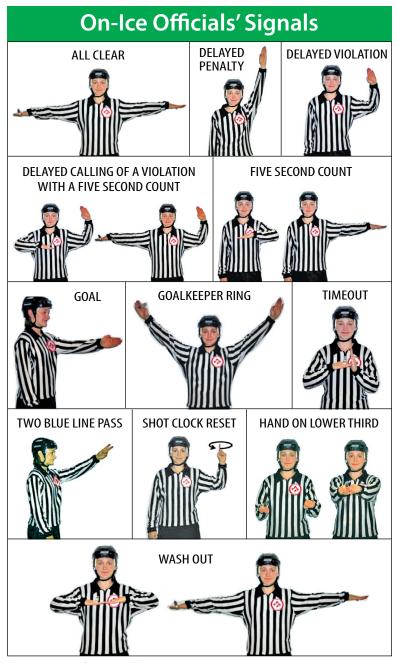
- If a **ROUND ROBIN** game is tied at the end of regulation time, each team will be awarded (1) one point.
- If a game is tied at the end of the second half of a QUARTER-FINAL,
 SEMI-FINAL or FINAL GAME, the teams will immediately play a five (5) minute stop-time SUDDEN VICTORY period (the first team to score will be declared the winner).
 - Teams will not change ends for the overtime period.
 - Ring possession for the start of the overtime period will be determined by coin toss.
 - If a tie still exists at the end of the overtime period, a five player shoot-out will decide the game winner. Home team shall shoot first.
 - Using the submitted shoot list, shooters will alternate, beginning with the designated home team.
 - The team that scores the greatest number of goals will be declared the winner.
 - If a tie still exists after the initial five player shoot-out, a single shootout, alternating format will begin with the designated home team.
 - The coach will select players for each round, but cannot re-use players until all players have taken their turn in the shoot-out.
 Goalies and injured players are exempt.
 - The first team that scores in a round when the other does not will be the winner.
 - If the score is still tied at the end of the allotted time slot, a coin toss will determine the winner.

NOTE: Penalties assessed in regulation or overtime play shall carry-over to the next period.

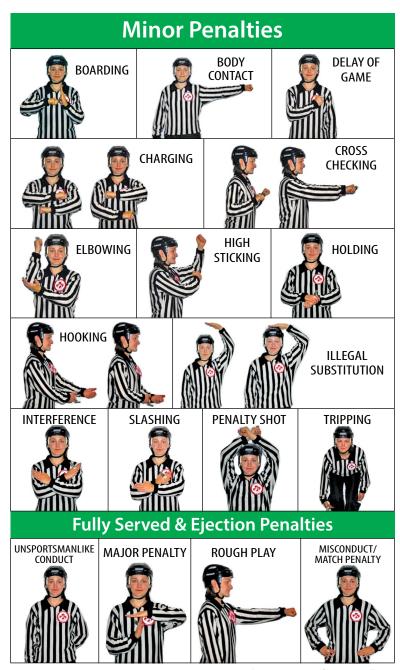
Time-Outs:

- Each team is entitled to ONE 30-second timeout per regulation game.
- Each team is entitled to ONE additional 30-second timeout in overtime.





Photos courtesy of Ringette Alberta



Photos courtesy of Ringette Alberta





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